

A2 Key Part 3

1 Read the text in exercise 3 quickly. Find:

- a the name of a place
- b a time of the year
- c a part of the body
- d a word to talk about how you feel

2 Complete the sentences with these words.

arms • chest • face • feet • legs • stomach

- 1 You wear shoes on your
- 2 Your eyes, nose and mouth are on your
- 3 Your is below your shoulders and above your stomach.
- 4 Your are between your hands and your shoulders.
- 5 You wear trousers on your
- 6 Your is below your chest and above your legs.

☒ Exam tip

After reading the text quickly to get the general idea, read the text again really carefully. Look at each question and compare each option with the text.

3 For each question, choose the correct answer.

- 1 What is special about the place where Kate Macleod lives?
 - A It's always cold.
 - B There are a lot of nice beaches.
 - C Many people swim in the sea there.
- 2 When does Kate swim in the sea?
 - A most of the time, but not in winter
 - B only in winter
 - C in spring, summer, autumn and winter
- 3 How is swimming with a 'mermaid tail' different?
 - A You have to move your body in a different way.
 - B It's easier than other kinds of swimming.
 - C You don't have to move your legs or feet.
- 4 What is Kate famous for?
 - A writing a book
 - B making videos and TV programmes
 - C winning swimming competitions

- 5 According to Kate, why does swimming in the sea make you feel better?

- A Cold water always makes you feel calm.
- B If you can swim in cold water, you can do anything.
- C You don't think about other things when you are in the sea.



Half woman, half fish

The island of Lewis in the north west of Scotland has many beautiful beaches, with clear, light blue water and white sand. Most people say you can't swim in the sea there because it's too cold. However, a young woman called Kate Macleod disagrees.

Kate loves swimming in the sea around the island all year, even in winter. People say she is like a mermaid – a person from stories who is half woman and half fish. When she swims, she even looks like a mermaid! She has a special 'mermaid tail' which she wears over her feet and her legs. With her 'tail', she can't swim normally, so she swims under the water like a fish – or a mermaid. It's hard to swim like a mermaid but it's fun and you can swim fast. You put your arms in front of your face and move different parts of your body down and then up: first your chest, then your stomach, your legs and your feet.

Kate makes videos about swimming on her island, and she's famous on social media. She has also made TV programmes about the sea and the islands near her home. She thinks more people should try swimming outside in cold water because it can help you feel happy and calm. 'When you go into the sea you don't think about anything else,' she says. Of course, you don't have to wear a mermaid tail!

A2 Key Part 5

1 Read the email in exercise 3 quickly. Which of these does Dylan NOT do in the email?

- a ask Zara about her favourite sport
- b tell Zara about a sport he likes
- c ask Zara if she wants to do a sport with him

2 Look at the photos then write the missing letters to complete the sports.



1 b eb l



2 li bi g



3 b k b l



4 o le b ll



5 s r i e



6 en i e

✓ Exam tip

First read the passage quickly to get an idea of its topic and general meaning. Then read each sentence with a gap carefully and think about what type of word is needed. Consider which word makes sense in each one.

3 For each question, write the correct answer. Write one word for each gap.

From: dylan@friendsmail.com

To: zara@friendsmail.com

How (1) you?

Guess what? I've (2) a new favourite sport: climbing! There's (3) climbing wall at the sports centre near my house and I go there often. Sometimes when I go there, I (4) basketball or tennis, but I prefer climbing. It's fun, (5) it's hard. You need strong arms and legs, and a strong back – even strong fingers!

(6) you want to try climbing with me next time you visit? You don't have to pay anything (7) I'm in the climbing club. You'll love it! ☺