DAILY ROUTINE

ADVERBS OF FREQUENCY

ALWAYS OFTEN SOMETIMES RARELY NEVER

I ALWAYS WAKE UP AT 5 AM.
I OFTEN BRUSH MY TEETH AT 5:30 AM, SOMETIMES I BRUSH MY TEETH AT 6 AM.
I RARELY TAKE A COLD SHOWER IN THE MORNING, I ALWAYS TAKE A WARM SHOWER. I NEVER HAVE BREAKFAST AT 7AM, I OFTEN HAVE BREAKFAST AT 9AM



EXPRESSIONS OF FREQUENCY

1. ONCE A DAY
2. TWICE A WEEK
3. THREE TIMES A DAY
4. FOUR TIMES A WEEK
5. FIVE TIMES A MONTH
6. SIX TIMES A YEAR
7. EVERY DAY
8. ALL THE TIME

HOW OFTEN DO YOU...?

I GO TO SCHOOL FIVE TIMES A WEEK.
I WALK MY DOG TWICE A DAY.
I GO TO THE DOCTOR ONCE A MONTH.
I TALK TO MY FRIENDS ALL THE TIME.
I EAT DINNER WITH MY SISTER EVERY DAY.

DAILY ACTIVITIES



LIVEWORKSHEETS



ANNA'S DAILY ROUTINE

ANNA'S DAILY ROUTINE

LISTEN TO THE AUDIO AND SELECT TRUE OR FALSE

1. SHE ALWAYS WAKES UP AT 7 AM

TRUE FALSE

1. ANNA SOMETIMES WAKES UP AT 10 AM

TRUE FALSE

1. SHE BRUSHES HER TEETH TWICE A DAY

TRUE FALSE

1. ANNA NEVER HAS BREAKFAST

TRUE FALSE

1. ANNA DOES EXERCISE EVERY DAY

TRUE FALSE

1. ANNA AND HER FRIENDS PLAY SOCCER ONCE A WEEK

TRUE FALSE

1. ANNA'S MOM GOES TO WORK AT 8AM

TRUE FALSE

1. ANNA AND HER MOM HAVE DINNER AT 10 PM

TRUE FALSE

1. SHE OFTEN GOES TO SLEEP AT 11PM

TRUE FALSE

ANSWER TO THE QUESTIONS BY CHOOSING THE CORRECT ANSWER

1 HOW OFTEN DOES SHE WAKE UP AT 7:30 AM?

EVERY DAY FIVE TIMES A WEEK TWICE A WEEK

2 HOW OFTEN DOES SHE BRUSH HER TEETH?

ONCE A DAY TWICE A DAY THREE TIMES A DAY

3 HOW OFTEN DOES SHE PLAY SOCCER?

ONCE A WEEK EVERY DAY FIVE TIMES A WEEK

LIVEWORKSHEETS