

UNIT 8

(A) Family Issues

Choose a word from the box below to fit in each gap. You should use each word once only. Pluralise if necessary.

material
promiscuous
chasm

woe
device
inept

epidemic
amok
crisis

obstinate
breakdown
conspicuous

1. Father and mother figures are becoming more and more _____ by their absence, forced to spend a greater amount of time away from the family unit due to workplace commitments.
2. The _____ of the family unit is leading to single-parent families.
3. Economic _____ are helping to create a situation whereby there are more and more families with two working parents.
4. There is not so much a gap as a huge _____ between the generations; this causes regular disputes and misunderstandings.
5. Adolescent teens are experiencing a(n) _____ of identity and are not being given sufficient parental guidance to cope.
6. Children are being left unsupervised more often and from a younger age, and given licence to run _____.
7. The prevailing culture of opting for convenience and junk foods is contributing to the obesity _____ affecting today's youth.
8. The fact that fewer and fewer families sit down to eat together at the dinner table is helping to create a generation that is socially _____.
9. Left to their own _____, many youths are turning to destructive habits like smoking and drinking.
10. The youth of today are more opinionated and _____ than ever before.
11. Young people are exploring their sexuality from a younger age and are becoming more and more _____. Experimenting in this way can lead to problems such as teenage pregnancy.
12. Parents try to compensate for the fact that they are around less by buying more gifts for their children, and, in so doing, unintentionally contribute to the skewing of values in society such that more and more emphasis is being placed on _____ things.

Teen Issues

(a) Choose the word from the box which collocates most strongly for each gap in the text.

morbidly
unrealistic
suicide

academic
virtual
pushy

friendship
self
social

calorie
sleep
sedentary

splendid
antisocial

There are a myriad of lifestyle issues affecting the youth of today. Such is the pressure heaped on many school-goers to achieve

1. _____ excellence by their parents that these 2. _____ expectations are causing children to become hopelessly depressed. Indeed, some, in their desperation to escape and their sense of guilt at being unable reach the levels of success demanded of them by their 3. _____ parents, either rebel in what is tantamount to a cry for help, or, worse still, engage in 4. _____-harm. It is no coincidence that 5. _____ rates, especially amongst young males, have been rising steadily for some time now. These are tough times to be a teen.

Then there are those who get hooked on the internet; the 6. _____ world becomes their reality. For these teens, their 7. _____ circle shrinks dramatically until, at last, their 8. _____ sphere is limited solely to their online buddies. Not alone do they commonly suffer from 9. _____ deprivation on account of their destructive addiction to game play and net-surfing, their behaviour may become so erratic and peculiar over time as to be considered 10. _____. And while they sit at their computer screens hidden away in 11. _____ isolation from the real world, such is the lack of exercise they get that their 12. _____ intake far exceeds what is necessary for them to maintain a stable weight. In essence, due to their 13. _____ lifestyle, their weight skyrockets until such time as they become 14. _____ obese.