

Why Japanese Live So Long

1. _____ are nice, but _____ in a bath _____ stress and _____ the body's circulation
2. He's the _____ apparent to take over the tradition and it helps that he's _____ about everything, _____ making tofu with grandpa
3. Visitors to the shrine _____ for safe _____ and _____ and a happy and healthy life
4. _____, Japanese have slightly better _____ for those disease-_____ genes

5. What makes Mount Daisen an auspicious place to live?
6. Describe the process of making tofu
7. What is the original taste of a soy milk?
8. Summarize everything told in the video and list the secrets of a long life