

My Day

Present Simple



I get up.
I go to work.
I enjoy my day!



1 Look at the pictures and choose the correct option.

What do these people do? Choose a / an / the right answer.



1. She _____ at 7 a.m.
a) gets up
b) get up



2. He _____ breakfast.
a) makes
b) make



3. She _____ to work by bus.
a) goes
b) go



4. He _____ emails in the morning.
a) checks
b) check



5. She _____ to music on her way home.
a) listens
b) listen



6. He _____ in the park.
a) runs
b) run



7. She _____ dinner.
a) cooks
b) cook



8. He _____ TV in the evening.
a) watches
b) watch



9. She _____ a book before bed.
a) reads
b) read



10. He _____ at 10 p.m.
a) goes to bed
b) go to bed

2 Complete the sentences with the correct form of the verb in brackets.

- I _____ (get up) at 6:30 a.m. on weekdays.
- She _____ (have) a shower in the morning.
- We _____ (go) to work by car.
- He _____ (not / like) coffee, he prefers tea.
- They _____ (watch) TV in the evening.
- I _____ (read) a book before bed.
- She _____ (not / eat) meat.
- We _____ (meet) our friends on Saturday.
- He _____ (play) the guitar.
- They _____ (live) in Kraków.

1

6 Drag and drop.

Put the words in the right places.

get up go to work have breakfast go home do homework
cook dinner watch TV go to bed



1. In the morning
I _____



2. At 8 o'clock
I _____



3. In the afternoon
I _____



4. In the evening
I _____



5. After dinner
I _____



6. In the evening
I _____



7. Later
I _____



8. At night
I _____

What do you do every day?
Make your own sentences.



7 Find and correct the mistakes.

There are 10 mistakes. Write the correct sentences.

- I go to work by bike. _____
- She don't like coffee. _____
- They live in a house. _____
- He watches TV in the morning. _____
- We has dinner at 6 p.m. _____
- I read a book on the evening. _____
- She doesn't goes to school. _____
- He get up at 8 o'clock. _____
- They play football on Saturday. _____
- I am tired in the evening. _____

3

3 Read the sentences. Are they True (T) or False (F)?

Write T or F in the box.

- She gets up at 7 o'clock. ☐
- He has breakfast at home. ☐
- She goes to work by bus. ☐
- He checks his emails in the evening. ☐
- She listens to music on her way home. ☐
- He runs in the park in the morning. ☐
- She cooks dinner. ☐
- He watches TV at night. ☐
- She reads a book before bed. ☐
- He goes to bed at 10 p.m. ☐

4 Match the questions with the answers.

Write the correct letter (A-J).

- What time do you get up? _____
- How do you go to work? _____
- What do you work for breakfast? _____
- Do you like coffee? _____
- What do you do in the evening? _____
- Do you read books? _____
- Do you live in a house or a flat? _____
- What time do you go to bed? _____
- Do you have a pet? _____
- What do you do at weekends? _____

- I have cereal and fruit.
- I go to work by car.
- I get up at 6:30.
- I don't like coffee.
- I read books.
- I watch TV or go for a walk.
- I live in a flat.
- I go to bed at 10 p.m.
- I have a dog.
- I usually go shopping or meet friends.

5 Put the words in the correct order to make sentences.

Use the present simple.

- to / I / work / go / by / car / .
- she / at / 7 / gets / up / .
- he / doesn't / like / coffee / .
- they / in / the park / run / .
- we / dinner / at / 7 / have / .



Good habits
make a
great day!



2

8 Choose the correct words.

Circle the right option.

- I (get / gets) up at 6:30.
- She (go / goes) to work by bus.
- He (have / has) breakfast at home.
- We (do / does) homework in the evening.
- They (watch / watches) TV.
- He (play / plays) the guitar.
- She (not / doesn't) like coffee.
- I (read / reads) a book.
- They (live / lives) in a flat.
- She (go / goes) to bed at 10 p.m.

9 Write about your day.

Use the present simple. Write 5-7 sentences.

I get up at ...
I ...
I have ...
I go ...
I ...
In the evening I ...
I go to bed at ...

