

PRACTICE TEST – UNIT 1: FAMILY LIFE

PART I. PHONETICS

Mark the letter A, B, C, or D to indicate the word whose underlined part differs from the other three in pronunciation.

1. A. breadwinner B. heavy C. clean D. spread
2. A. washed B. looked C. divided D. picked
3. A. chores B. bonds C. routines D. parents

Mark the letter A, B, C, or D to indicate the word that differs from the other three in the position of primary stress.

4. A. support B. divide C. strengthen D. prepare
5. A. gratitude B. character C. homemaker D. respect

PART II. VOCABULARY AND GRAMMAR

Mark the letter A, B, C, or D to indicate the correct answer to each of the following questions.

6. In many modern families, couples choose to share the household _____ equally so that neither feels overburdened.
A. workload
B. heavyweight
C. workforce
D. workshop
7. Yesterday evening, while his mother was cooking, Nam helped _____ by laying the table and washing vegetables.
A. down
B. out
C. over
D. off
8. Parents should _____ a good example for their teenage children by treating elderly grandparents with profound respect.
A. give
B. take
C. set

- D. make
9. Last summer, our family _____ an unforgettable holiday in Da Nang, where we strengthened our emotional bonds.
- A. spends
B. spent
C. has spent
D. was spending
10. Whenever she feels anxious before an exam, her parents are always there _____ her to give emotional reassurance.
- A. for
B. with
C. to
D. on
11. The father works extra shifts every week because he has to _____ the family and pay for his children's tuition fees.
- A. support of
B. make out
C. provide for
D. look over
12. It is believed that teenagers benefit tremendously _____ learning essential life skills like cooking and budget management.
- A. with
B. from
C. on
D. by
13. Although my brother and I often argue over minor things, we always _____ up quickly and support each other.
- A. take
B. get
C. put
D. make

14. Every Sunday morning, my mother _____ a detailed shopping list before she _____ grocery shopping.
A. prepares / goes B. prepared / went C. is preparing / goes D. prepares / is going
15. Last night, Tom _____ the kitchen counters spotlessly clean before he went to bed.
A. wipes B. wiped C. has wiped D. is wiping
16. Both spouses ought to take equal _____ for the moral upbringing of their children.
A. response B. responsibly C. responsible D. responsibility
17. Because living costs in metropolitan areas are soaring, many young parents find it difficult to make ends _____.
A. join B. meet C. touch D. match
18. In 2023, my uncle _____ his own business and successfully became the primary breadwinner of his household.
A. establishes B. established C. was established D. has established
19. Family values and cherished cultural traditions are usually handed _____ from generation to generation.
A. down B. away C. up D. off
20. Could you please _____ me a hand with taking out the heavy rubbish bins?
A. take B. hold C. lend D. borrow
21. My grandparents _____ in a rural village fifty years ago, where daily life was strictly communal.
A. grow up B. grew up C. have grown up D. are growing up
22. Doing domestic chores fosters a deep sense of _____ among siblings as they learn to collaborate.
A. cooperation B. cooperatively C. cooperate D. cooperative
23. Two years ago, when our father was away on business, we _____ all domestic affairs smoothly without complaining.
A. run B. ran C. have run D. are running
24. She rarely _____ with her elder sister because both of them are very patient and open-minded.
A. falls out B. falls off C. falls down D. falls through
25. My sister and I _____ to school by bus every weekday, but yesterday our father _____ us by car.
A. go / drives B. went / drove C. go / drove D. are going / drove

PART III. SYNONYMS & ANTONYMS

Mark the letter A, B, C, or D to indicate the word(s) CLOSEST in meaning to the underlined word(s).

26. Doing housework regularly helps adolescents acquire **practical** skills for independent adult life. A. theoretical B. realistic C. negative D. passive

27. My father did the **heavy lifting** when our household relocated to a new apartment last weekend.

- A. easiest duty B. most difficult part C. trivial housework D. mental assignment

Mark the letter A, B, C, or D to indicate the word(s) OPPOSITE in meaning to the underlined word(s).

28. Youngsters must never show a **disrespectful** attitude towards elderly family members.
A. rude B. impolite C. polite D. hostile

29. Even when family conflicts occur, members should try to **maintain** positive relationships.

- A. destroy B. preserve C. protect D. keep

PART IV. COMMUNICATION

Mark the letter A, B, C, or D to indicate the sentence that best completes each exchange.

30. *Minh*: "Would you like me to fold the laundry and put away the clean clothes?"

Lan: "_____"

- A. Yes, I would like to do that alone.
B. That would be a great help, thank you!
C. You should do it right now.
D. No, I dislike doing the laundry.

31. *Nam*: "In my opinion, both parents should work and share all domestic chores equally".

Hoa: "_____. Sharing duties creates equal respect in modern marriages".

- A. I don't see eye to eye with you
B. You must be joking
C. I couldn't agree with you more
D. That is completely impossible

PART V.

Read the passage and mark the letter A, B, C, or D to indicate the correct word or phrase that best fits each numbered blank.

In contemporary society, the allocation of household chores plays a fundamental role in preserving domestic harmony. Decades ago, gender roles were strictly defined: fathers acted as the sole (32)_____ while mothers remained at home managing the kitchen and childcare. However, family dynamics (33)_____ significantly over recent decades. Today, both husbands and wives frequently hold demanding full-time jobs, meaning they must (34)_____ the domestic workload fairly.

When parents divide tasks equally, they set a beneficial example for their offspring. Children who observe their parents cooperating in the kitchen or running the washing machine tend to develop a genuine (35)_____ of gratitude. Furthermore, assigning age-appropriate chores to youngsters enables them to learn practical life skills, cultivate self-reliance, and (36)_____ strong family bonds.

32. A. homemakers B. breadwinners C. supporters D. servants
33. A. changed B. change C. have changed D. are changing
34. A. divide B. collect C. reject D. separate
35. A. sense B. feeling C. state D. sign
36. A. weaken B. foster C. damage D. ignore

PART VI. READING COMPREHENSION

Read the passage and mark the letter A, B, C, or D to indicate the correct answer to each question.

Family routines and traditions provide a vital framework that holds households together across generations. In psychological terms, predictable domestic routines such as sharing daily evening meals, participating in weekly cleanup sessions, or holding annual family reunions offer adolescents an anchor of emotional stability during turbulent phases of growing up.

A sociological survey conducted across several high schools in 2024 revealed that teenagers who actively engaged in shared household tasks reported higher levels of empathy and life satisfaction. When children help out with daily chores such as doing the washing-up or sorting recyclables, they realize that domestic comfort requires continuous collective effort. Rather than viewing chores as mundane punishment, these adolescents perceive themselves as indispensable contributors to family well-being.

Moreover, regular family routines facilitate meaningful communication. In families that prioritize dining together without digital distractions, parents and children naturally exchange opinions about school, work, and personal challenges. These daily interactions build mutual trust and prevent severe generational misunderstandings. Decades ago, grandmothers and mothers passed down essential values and life perspectives across the dinner table. Today, even though modern schedules are noticeably more hectic, maintaining these core rituals remains paramount for sustaining durable emotional ties.

37. What is the main idea of the passage?

A. The historical evolution of gender roles in suburban families.

- B. The essential role of family routines and chores in adolescent well-being.
- C. Methods to eliminate digital devices during dinner.
- D. Why school curriculums should teach household maintenance.

38. The word "**anchor**" in paragraph 1 is closest in meaning to:

- A. source of reliable support
- B. heavy obstacle
- C. tool for navigation
- D. dangerous trap

39. According to paragraph 2, doing household chores helps teenagers to:

- A. avoid taking school examinations
- B. recognize the collective effort needed for domestic well-being
- C. earn additional pocket money from parents
- D. isolate themselves from peer pressure

40. The word "**indispensable**" in paragraph 2 is closest in meaning to:

- A. optional
- B. essential
- C. minor
- D. temporary

41. Which of the following is NOT true according to the passage?

- A. Shared family routines enhance mutual empathy among siblings and parents.
- B. Modern families completely abandoned dining together due to busy routines.
- C. Screen-free family dinners encourage open communication between generations.
- D. Predictable domestic habits provide adolescents with emotional stability.

PART VII. ERROR IDENTIFICATION

Mark the letter A, B, C, or D to indicate the underlined part that needs correction.

- 42. Every weekend, my mother (A) **prepares** a nutritious meal while my father and I (B) **was doing** the heavy lifting (C) **around** the (D) **house**.
- 43. Three days ago, my older brother (A) **takes** responsibility (B) **for** cleaning the entire living room (C) **before** our grandparents (D) **arrived**.
- 44. Doing chores (A) **on** a regular basis (B) **are** extremely beneficial (C) **to** a teenager's personal (D) **development**.

45. Although she (A) **had** an exhausting workday yesterday, she (B) **manages** to cook a warm dinner (C) **for** her three (D) **children**.

PART VIII. SENTENCE TRANSFORMATION & WRITING

Mark the letter A, B, C, or D to indicate the sentence that is closest in meaning to each of the following questions.

46. It is my duty to take out the rubbish and wash the dishes every evening.
- A. I am responsible for taking out the rubbish and washing the dishes every evening.
 - B. I rarely take out the rubbish or wash the dishes every evening.
 - C. My parents never allow me to wash the dishes or take out the rubbish.
 - D. Taking out the rubbish prevents me from washing the dishes every evening.
47. My father started working as the main breadwinner ten years ago, and he still does it now.
- A. My father stopped working as the main breadwinner ten years ago.
 - B. Ten years ago, my father decided not to be the family breadwinner.
 - C. My father has worked as the main breadwinner for ten years.
 - D. My father worked as the main breadwinner only ten years ago.
48. My sister and I have an excellent relationship with each other.
- A. My sister and I frequently fall out with each other.
 - B. My sister and I get along very well with each other.
 - C. My sister and I hardly see eye to eye on any matters.
 - D. My sister and I do not have anything in common.
49. Nam helped his mother clean the kitchen, so she felt very pleased.
- A. Nam's mother was pleased because he lent her a hand with cleaning the kitchen.
 - B. Although Nam cleaned the kitchen, his mother was displeased.
 - C. Nam refused to help his mother clean the kitchen yesterday.
 - D. Nam's mother cleaned the kitchen without any help from him.
50. In our family, traditional customs are preserved from one generation to the next.
- A. Our family ignores traditional customs across all generations.
 - B. Traditional customs are handed down from generation to generation in our family.
 - C. Only the oldest generation follows traditional customs in our family.
 - D. Our family stopped maintaining traditional customs years ago.