

A. VOCABULARY: Health collocations

Match 1-8 with a-h to make sentences.

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| 1. She gave up ... | a. shape by exercising regularly and eating healthily. |
| 2. I've lost a lot of... | b. fit by going to the gym twice a week starting in January. |
| 3. I'm sure he's put on... | c. junk food three years ago and now feels much healthier. |
| 4. My plan is to get... | d. overweight because they don't get enough exercise. |
| 5. A lot of teenagers today are... | e. smoker for ten years, but now I've stopped. |
| 6. It's important to have a healthy... | f. weight since I started eating a healthy diet. |
| 7. I was a regular... | g. weight because he doesn't look as thin as he did last year. |
| 8. She keeps in... | h. diet with plenty of vegetables and fruit. |

B. GRAMMAR: Used to

Complete the sentences with the correct forms of **used to** and the verbs in parentheses.

- We _____ a dog, but it died five years ago. (have)
- Molly _____ bread from the supermarket, but now she has to get it there because her favorite bakery closed last month. (buy)
- What _____ you _____ for lunch when you were in school? (eat)
- She _____ German pretty well, but she hasn't spoken it for ten years, so she's forgotten most of it. (speak)
- I _____ the bus to work every day, but now I usually ride my bike or walk. (take)
- _____ you _____ with dolls when you were little? (play)
- My grandfather _____ a cell phone, but he has one now. (have)
- We _____ black-and-white movies at the movie theater when I was young. We thought they were great! (watch)