Multiple Choice Questions

Answer the following multiple choice questions about the reading.

1. Where did the digital detox challenge take place?

A. An online forum for teenagers

B. Highfield Secondary School in England

C. A summer camp in the United States

D. A technology conference in Germany

2. How long did the digital detox challenge last?

A. A weekend

B. Seven days

C. Thirty days

D. A fortnight

3. What was the main idea behind the digital detox challenge?

A. To show students new apps.

B. To stop students from using technology.

C. To fix the school's technology problems.

D. To help students use technology in a balanced way.

4. Who is Brent Hamilton?

A. The headteacher of Highfield Secondary School

B. A technology expert who advised the school

C. A parent who supported the challenge

D. A student who participated in the digital detox challenge

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5. What did Brent Hamilton say about technology use and teenagers?

A. It can hurt their grades and friendships.

B. It can help them do many things at once.

C. It can make them know more about what's happening.

D. It can help them learn tech skills.

6. According to Brent Hamilton, what is one possible negative effect of using technology too much?

A. It might make people worse at talking to others.

B. It might make people do better in school.

C. It might make people feel closer to the world.

D. It might make people move around more.

7. What happened to Brian on the first day of the challenge?

A. He liked not having technology.

B. He started a new hobby.

C. It was easy for him to stop using his devices.

D. He felt worried and wanted his phone.

8. What did Jane do during the challenge?

A. She read, biked, and painted.

B. She learned how to code.

C. She watched more TV.

D. She used social media more.

9. What did Jane discover after a few days without her phone?

A. She couldn't live without her phone.

B. She found new activities to do.

C. She missed getting messages.

D. She needed social media to have fun.

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10. According to the passage, what did Leslie and her friends do more of after putting their phones aside?

A. Attend school events

B. Talk more and have more fun

C. Study for exams

D. Play video games together

11. What did the students find out from the challenge?

A. They should use their phones more.

B. Technology is needed for homework.

C. They should use technology for fun.

D. It's okay to not use technology sometimes.

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