

Look and number in order.



I eat lunch
every day.



I eat dinner
every day.



I eat breakfast
every day.

Read and match.

1 My brother eats salad for lunch
every day.

2 Mum drinks milk for breakfast
every day.

3 Dad eats chicken for dinner
every day.

4 I eat toasts for breakfast
every day.

a



b



c



d



Speaking:

**THINK
BIG**

Do you eat three meals every day?
Why do you think it is important?