# EXTREME SPORTS

Read and MATCH the Main idea (M) supporting idea 1 (S1), Supporting idea 2 (S 2) and closing sentence CS - USING LINES

| | |
|---|---|
| CS | Extreme sports are physical activities that involve high risk and a lot of excitement. |
| S2<br>S1<br>M1 | Examples include bungee jumping and sky diving and mountain biking.<br>They focus on personal challenge, thrill and achievement.<br>Although risky , extreme sports are popular because of technology , and media coverage |

| | |
|---|---|
| S2 | Some Popular extreme sports such as skydiving, rock climbing, BMX biking and white-water rafting need special skills and equipment. |
| M1<br><br>CS<br>S1 | Rock climbers need strength and balance, while snowboarders need speed, control and creativity.<br>Athletes train hard, wear protective gear, and learn from experienced mentors.<br>Better equipment, like lighter helmets , has made these sports safer over the years.<br>Thus, extreme sports require special equipment and test an athlete' s skill. |

Require: Need (memerlukan)

MATCH THE SITUATION TO THE COMMON EXPRESSION

| Common Expression | Situation |
|---|---|
| I'm really into football. | You talk about a sport you like to play. |
| I'm a big fan of Messi. | You directly name the sport you like best. |
| I enjoy watching cricket. | You express strong excitement for rugby. |
| I prefer basketball over football. | You politely say you like watching cricket. |
| My favorite sport is tennis. | You explain which sport you like more. |
| I love playing badminton. | You want to say you like football a lot in a casual way. |
| I can't get enough of rugby. | You admire a specific player or athlete. |

*Student task: Match each common expression with the correct situation.*

LIVEWORKSHEETS

MATCH and **Choose a correct answer.**

1 Juan should go .....because he loves to study the oceans.

D

| | | |
|---|---|---|
| A diving | B swimming | C cycling |

2. Inga has been doing snow sports. She ought to try.....in order to explore the countryside.

| | | |
|---|---|---|
| A Paddleboarding | B Cycling | C handball |

3. Mario wants to meet people his age and he is good at basketball and football
He could either take up .....

4. Nigel is shy and isn' t interested in sports so he could take up .....in order to keep fit.

| | | | |
|---|---|---|---|
| A Skurfing | B Paddle boarding | C handball | D skating |

5. Cheryl wants to do something that will push her body. She should try.....

| | | | |
|---|---|---|---|
| A Skurfing | B Paddle boarding | C handball | D skating |

A Complete the table with the sports below. (Go to page 72 )

Example: Go swimming

| go | play | do |
|---|---|---|
| *swimming* | | |
| | | |
| | | |
| | | |
| | | |

LIVEWORKSHEETS

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