



SPEAK BEYOND
ENGLISH STRATEGY

SPEAK WITH CLARITY.
RESPOND WITH INTENTION.

PERFORMANCE ENGLISH

SIMPLE PRESENT x TO BE VERB

Class 6

YOUR GUIDE TO REMEMBER, PRACTICE AND EVOLVE.



CONTENT SUMMARY
& PRACTICE ACTIVITIES
BASED ON TODAY'S LESSON



Sheet 02

Personalized for: Theo Alencar





Listening Practice

Instructions:

Listen carefully to the audio and answer the questions according to what you hear.

MY DAILY ROUTINE

My name is Theo, and this is my usual weekday routine.

I usually wake up between 7 and 8 in the morning. I am not tired when I wake up, and I don't stay in bed for very long. I get up, brush my teeth, and take a shower. Then, I get dressed and sometimes have breakfast, usually just a cup of coffee.

My mornings are usually quiet. After breakfast, I study English by myself. I am preparing for a test, so I spend a lot of time studying. I usually read, listen to English, and review new words.

At midday, I have lunch. After lunch, I usually study again. Some days, I study for university, and other days, I study English. I am a Software Engineering student, so I have a lot of things to study. I don't usually go out during the afternoon. I normally stay at home and study, relax, or play video games for a little while.

At around six o'clock, I start to get ready for university. I get dressed, check my things, and leave home, I go by car. My class starts at seven o'clock and finishes at 9 p.m.

After class, I go back home. I usually have dinner and spend some time relaxing. Sometimes I watch a movie, listen to music, or play a video game before going to bed.

I am usually at home during the day, and I am at university at night. My routine is simple, but I am usually busy. I normally go to bed at around 11 p.m or 11:30 p.m, because I need to wake up and start everything again the next morning.



PART 1 - LISTEN AND WRITE

01.

What time do you usually wake up?

Listen to the beginning of the audio and write the complete sentence.

I usually _____.

02.

After you wake up, you start your morning routine.

Write TWO complete sentences describing what you do after waking up.

1. I _____.

2. I _____.

03,

You have breakfast before you start studying.

What do you usually do after breakfast?

Write a complete sentence.

I _____.

04.

You study English in the morning because you are preparing for a test.

Complete the sentence with the information from the audio.

I study English because _____.



PART 2 — LISTEN FOR THE DETAILS

05.

At midday, you have lunch.

What do you usually do after lunch?

Choose **the correct answer** AND **rewrite it as a complete sentence**.

- ☐ A) I go to university immediately.
- ☐ B) I study again.
- ☐ C) We go to the football stadium.
- ☐ D) I go to sleep.

Complete sentence:

I

06.

Read the situation:

During the afternoon, **you have different things to study**.

Complete the sentence according to the audio.

In the afternoon, I study **and**

Then rewrite the information as a complete sentence:

I

07.

What time do you start getting ready for university?

- ☐ A) At 5:00 p.m.
- ☐ B) At 6:00 p.m.
- ☐ C) At 7:00 p.m.
- ☐ D) At 9:00 p.m.

Now write the complete answer:

I start getting ready



UNDERSTAND THE CONTEXT

08. COMPLETE EACH SENTENCE WITH THE CORRECT VERB FORM.

Remember: I / you / we / they + *base verb*

VERBS: **GET/GO/STUDY/CHAT/HAVE**

- A) I usually _____ English in the morning.
- B) We _____ lunch at noon.
- C) You _____ ready for university at around 6 p.m.
- D) They _____ to university at 7 p.m.
- E) Me and my friends _____ after class.

08. REPLY OR TELL?

Complete the timeline using complete sentences.

MORNING

I wake up at around _____.

Then, I _____.

After breakfast, I _____.

AFTERNOON

At noon, I _____.

After lunch, I _____.

EVENING

At around 6 p.m., I _____.

At 7 p.m., I _____.

NIGHT

After university, I _____.

I usually go to bed at around _____.



UNDERSTAND THE CONTEXT

09. DECIDE WHETHER EACH STATEMENT IS TRUE OR FALSE.

A) I study Spanish during the day.

☐ TRUE ☐ FALSE

B) I study English in the morning.

☐ TRUE ☐ FALSE

C) Me and my friends usually go out during the afternoon.

☐ TRUE ☐ FALSE

D) I start getting ready for university at around 4 p.m.

☐ TRUE ☐ FALSE

E) We start university classes at seven o'clock.

☐ TRUE ☐ FALSE

F) We finish class at nine o'clock.

☐ TRUE ☐ FALSE

G) Me and my friends go to the beach after university.

☐ TRUE ☐ FALSE

H) I usually go to bed at around eleven or eleven-thirty.

☐ TRUE ☐ FALSE

10. TRANSFORM THESE TWO STATEMENTS FROM QUESTION 13 THAT ARE FALSE IN NEGATIVE FORM.

"Me and my friends usually go out during the afternoon."

Correction:

"I start getting ready for university at around 4 p.m."

Correction: