Lesson 1 Vocabulary

1 Read and unscramble the words.

1 An **pap** is a computer program you download to your mobile phone. app
2 Food tastes **tewes** when it contains a lot of sugar. _____
3 The food you eat every day is your **etid** – and it should be healthy! _____
4 A **cansk** is something small that you eat between meals. _____
5 You can use a **sanotope** to add sugar to hot drinks. _____
6 All products have a **doberac** – a label with lots of lines and numbers. _____
7 You **mebal** someone if you think they're responsible for a problem. _____
8 You have a **chiceo** when you can decide between two or more things. _____
9 The **adime** are ways of communicating, such as TV and newspapers. _____
10 A **docrupt** is something that is made and then sold. _____

2 Complete the texts with the words from Activity 1.

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penny64

Hi, there! I've just looked at my new 'Sugar smart' [1] _____ to find out if my breakfast is healthy. I used my phone on the [2] _____ of the cereal box and I'm shocked to find it contains more than a [3] _____ of sugar in every mouthful! I knew it tasted [4] _____, but I didn't realise it was so unhealthy! I wonder what the [5] _____ would say about this ...

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Minnie13

I completely agree with you about breakfast cereals. I [6] _____ the food producers – we don't need all that sugar! I try to make sure I have a healthy [7] _____. I try not to eat a [8] _____ between meals unless it's a piece of fruit. I'm going to go shopping with my mum and check each [9] _____ on the new app to help her make a good [10] _____ of breakfast cereal!

Word Bank

app sweet diet snack teaspoon barcode blame choice media product

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