

Infectious Diseases and How They Spread

Read each question carefully. Choose the correct way the disease spreads.

Write your answer in the box. Use: **air**, **physical contact**, **contaminated food and water** or **animals (pests)**.

No.	Question	Disease	How does it spread?
1.	This disease spreads when an infected person coughs or sneezes.	Flu	
2.	This disease spreads through touching an infected person, animal or an item like a towel.	Ringworm	
3.	This disease spreads through the bite of an infected mosquito.	Malaria	
4.	This disease spreads by drinking water or eating food that is contaminated with germs.	Cholera	
5.	This disease spreads from infected birds (poultry) to people.	Bird flu	
6.	This disease spreads through tiny droplets in the air.	COVID-19	
7.	This disease spreads by eating or drinking contaminated food or water.	Typhoid fever	
8.	This disease spreads through direct contact with the rash or droplets from coughing and sneezing.	Chickenpox	
9.	This disease spreads through contact with water or soil contaminated by the urine of infected rats.	Leptospirosis	
10.	This disease spreads easily through the air when an infected person coughs or sneezes.	Measles	

Stay healthy • Stop the spread • Make a kinder, safer world!