

**PROGRESS TEST**

**SECTION 1**

**Questions 1–10**

*Complete the notes below.*

*Write **ONE WORD AND/OR A NUMBER** for each answer.*

| <b>Name of restaurant</b> | <b>Location</b>                  | <b>Reason for recommendation</b>                                                              | <b>Other comments</b>                                                                                        |
|---------------------------|----------------------------------|-----------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------|
| The Junction              | Greyson Street, near the station | Good for people who are especially keen on <b>1</b> .....                                     | Quite expensive<br>The <b>2</b> ..... is a good place for a drink                                            |
| Paloma                    | In Bow Street next to the cinema | <b>3</b> ..... food, good for sharing                                                         | Staff are very friendly<br>Need to pay £50 deposit<br>A limited selection of <b>4</b> ..... food on the menu |
| The <b>5</b> .....        | At the top of a <b>6</b> .....   | A famous chef<br>All the <b>7</b> ..... are very good<br>Only uses <b>8</b> ..... ingredients | Set lunch costs £ <b>9</b> ..... per person<br>Portions probably of <b>10</b> ..... size                     |

**SECTION 2**

**Questions 11–16**

*Choose the correct letter, A, B or C.*

**11** Heather says pottery differs from other art forms because

- A** it lasts longer in the ground.
- B** it is practised by more people.
- C** it can be repaired more easily.

**12** Archaeologists sometimes identify the use of ancient pottery from

- A** the clay it was made with.
- B** the marks that are on it.
- C** the basic shape of it.

**13** Some people join Heather's pottery class because they want to

- A** create an item that looks very old.
- B** find something that they are good at.
- C** make something that will outlive them.

**14** What does Heather value most about being a potter?

- A** its calming effect
- B** its messy nature
- C** its physical benefits

**15** Most of the visitors to Edelman Pottery

- A** bring friends to join courses.
- B** have never made a pot before.
- C** try to learn techniques too quickly.

**16** Heather reminds her visitors that they should

- A** put on their aprons.
- B** change their clothes.
- C** take off their jewellery

**Questions 17 and 18**

*Choose **TWO** letters, A-E. Which **TWO** things does Heather explain about kilns?*

- A** what their function is
- B** when they were invented
- C** ways of keeping them safe
- D** where to put one in your home
- E** what some people use instead of one

**Questions 19 and 20**

Choose **TWO** letters, **A-E**.

Which **TWO** points does Heather make about a potter's tools?

- A** Some are hard to hold.
- B** Some are worth buying.
- C** Some are essential items.
- D** Some have memorable names.
- E** Some are available for use by participants.

**SECTION 3**

**Questions 21 and 22**

Choose **TWO** letters, **A-E**.

Which **TWO** things do the students both believe are responsible for the increase in loneliness?

- A** social media
- B** smaller nuclear families
- C** urban design
- D** longer lifespans
- E** a mobile workforce

**Questions 23 and 24**

Choose **TWO** letters, **A-E**.

Which **TWO** health risks associated with loneliness do the students agree are based on solid evidence?

- A** a weakened immune system
- B** dementia
- C** cancer
- D** obesity
- E** cardiovascular disease

**Questions 25 and 26**

Choose **TWO** letters, **A-E**.

Which **TWO** opinions do both the students express about the evolutionary theory of loneliness?

- A** It has little practical relevance.
- B** It needs further investigation.

- C** It is misleading.
- D** It should be more widely accepted.
- E** It is difficult to understand.

**Questions 27–30**

*Choose the correct letter, A, B or C.*

**Loneliness and mental health**

- 27** When comparing loneliness to depression, the students
- A** doubt that there will ever be a medical cure for loneliness.
  - B** claim that the link between loneliness and mental health is overstated.
  - C** express frustration that loneliness is not taken more seriously.
- 28** Why do the students decide to start their presentation with an example from their own experience?
- A** to explain how difficult loneliness can be
  - B** to highlight a situation that most students will recognise
  - C** to emphasise that feeling lonely is more common for men than women
- 29** The students agree that talking to strangers is a good strategy for dealing with loneliness because
- A** it creates a sense of belonging.
  - B** it builds self-confidence.
  - C** it makes people feel more positive.
- 30** The students find it difficult to understand why solitude is considered to be
- A** similar to loneliness.
  - B** necessary for mental health.
  - C** an enjoyable experience.

## **SECTION 4**

### **Questions 31–40**

*Complete the notes below.*

*Write **ONE WORD ONLY** for each answer.*

### **Reclaiming urban rivers**

#### **Historical background**

- Nearly all major cities were built on a river.
- Rivers were traditionally used by city dwellers for transport, fishing and recreation.
- Industrial development and rising populations later led to:
  - more sewage from houses being discharged into the river
  - pollution from **31**..... on the river bank.
- In 1957, the River Thames in London was declared biologically **32**..... .

#### **Recent improvements**

- Seals and even a **33**..... have been seen in the River Thames.
- Riverside warehouses are converted to restaurants and **34**.....
- In Los Angeles, there are plans to:
  - build a riverside **35**.....
  - display **36**..... projects.
- In Paris, **37**..... are created on the sides of the river every summer.

#### **Transport possibilities**

- Over 2 billion passengers already travel by **38**..... in cities round the world.
- Changes in shopping habits mean the number of deliveries that are made is increasing.
- Instead of road transport, goods could be transported by large freight barges and electric **39**..... or, in future, by **40**..... .