



PART I – READING COMPREHENSION

Read the text.

The Benefits of Having a Hobby

Having a hobby is a good way to spend free time. Teenagers have many different hobbies. Some enjoy playing sports, while others like reading, drawing, cooking, or listening to music. Hobbies can be fun, but they can also help teenagers in different ways.

One benefit of having a hobby is relaxation. Teenagers often have busy days at school and may feel tired or stressed. Doing an enjoyable activity can help them feel better. For example, listening to music, drawing, or reading can help students relax after a busy day.

Hobbies can also help teenagers learn new skills. When people practice an activity regularly, they can become better at it. For example, a teenager who enjoys cooking can learn how to prepare different meals. A student who plays an instrument can improve their musical skills with regular practice.

Another benefit is meeting new people. Some hobbies are activities that people do together. Students who play sports, for example, can meet other students and make new friends. They can also learn how to work as part of a team.

In conclusion, hobbies are more than just activities for free time. They can help teenagers relax, learn new skills, and meet other people.

PART II – READING COMPREHENSION

Click on the option that contains the correct answer.

1. What is the main idea of the reading?

- A. Teenagers have too much free time.
- B. Hobbies can have several benefits for teenagers.
- C. Playing sports is the best hobby.
- D. Teenagers should spend more time reading.



2. Why can hobbies help teenagers relax?

- A. They give students more homework.
- B. They help students avoid their friends.
- C. They allow students to enjoy an activity after a busy day.
- D. They teach students new academic subjects.

3. What can a teenager learn by cooking?

- A. How to play sports
- B. How to prepare different meals
- C. How to make new friends
- D. How to play an instrument

4. How can playing sports help teenagers?

- A. They can learn how to cook.
- B. They can avoid school activities.
- C. They can meet people and learn teamwork.
- D. They can spend more time alone.

5. Which of the following is NOT mentioned as a benefit of hobbies?

- A. Relaxation
- B. Learning new skills
- C. Making friends
- D. Getting better grades

6. What does the word "they" refer to in the sentence below?

"They can also learn how to work as part of a team."

- A. Teachers
- B. Parents
- C. Students who play sports
- D. Musicians



7. Which sentence BEST summarizes the reading?

- A. Teenagers should only have sports as hobbies.
- B. Hobbies can help teenagers relax, develop skills, and socialize.
- C. School is more important than having hobbies.
- D. Most teenagers enjoy listening to music.

PART III – TOPIC SENTENCES

Remember:

A **topic sentence** tells us the **main idea of a paragraph**.

Read each paragraph and choose its topic sentence. Click on the option that contains the correct answer.

Paragraph 1

- (1) Teenagers often have busy days at school and may feel tired or stressed.
- (2) One benefit of having a hobby is relaxation.
- (3) For example, listening to music can help students feel calmer.
- (4) Reading can also be a relaxing activity.

8. Which sentence is the topic sentence?

- A. Sentence 1
- B. Sentence 2
- C. Sentence 3
- D. Sentence 4



Paragraph 2

- (1) Hobbies can also help teenagers learn new skills.
- (2) When people practice an activity regularly, they can become better at it.
- (3) For example, a teenager who enjoys cooking can learn how to prepare different meals.
- (4) A student who plays an instrument can improve their musical skills.

9. Which sentence is the topic sentence?

- A. Sentence 1
- B. Sentence 2
- C. Sentence 3
- D. Sentence 4

Paragraph 3

- (1) Some hobbies are activities that people do together.
- (2) Students who play sports can meet other students.
- (3) Another benefit is meeting new people.
- (4) They can also make new friends.

10. Which sentence is the topic sentence?

- A. Sentence 1
- B. Sentence 2
- C. Sentence 3
- D. Sentence 4



PART IV – SUPPORTING SENTENCES

A supporting sentence gives more information about the main idea. Click on the option that contains the correct answer.

11. Which sentence BEST supports this topic sentence?

Hobbies can help teenagers relax.

- A. Teenagers have many different hobbies.
- B. Doing something enjoyable can help students feel less stressed.
- C. Some teenagers like playing soccer.
- D. Cooking is a popular activity.

12. Which sentence BEST supports this topic sentence?

Hobbies can help teenagers learn new skills.

- A. Teenagers have free time after school.
- B. Different people enjoy different activities.
- C. Regular practice can help people become better at an activity.
- D. Some students like music.

13. Which sentence BEST supports this topic sentence?

Hobbies can help teenagers meet new people.

- A. Many hobbies can be done with other people.
- B. Reading is a quiet activity.
- C. Teenagers have different interests.
- D. Some students like cooking.



PART V – DETAILED SENTENCES

A detailed sentence gives a specific example or extra information.

14. Which sentence is a detailed sentence?

Topic: Hobbies can help teenagers learn new skills.

- A. Hobbies can help teenagers develop abilities.
- B. People can improve when they practice.
- C. For example, cooking can teach teenagers how to prepare different meals.
- D. Teenagers have many hobbies.

15. Which sentence is a detailed sentence?

Topic: Hobbies can help teenagers relax.

- A. Hobbies can help people feel better.
- B. Teenagers can relax by doing enjoyable activities.
- C. For example, listening to music can help a student relax after school.
- D. Teenagers often have busy days.

16. Which sentence is a detailed sentence?

Topic: Sports can help teenagers make friends.

Teacher: Lcdo. Olivier Lobo González



Colegio Patriarca San Jose
Reading and Writing Homework 1 term 2

- A. Sports are popular hobbies.
- B. Playing sports can help students meet other people.
- C. For example, a student can make friends by joining a soccer team.
- D. Teenagers enjoy different activities.

PART VI – IDENTIFY THE SENTENCE

- A. Topic Sentence**
- B. Supporting Sentence**
- C. Detailed Sentence**

-
- 17. ____ Exercise is important for teenagers.
 - 18. ____ It can help them stay healthy and feel more energetic.
 - 19. ____ For example, walking or running regularly can improve physical fitness.

-
- 20. ____ Reading is a useful activity for students.
 - 21. ____ It can help students learn new vocabulary.
 - 22. ____ For example, students can find new words when they read short stories.

-
- 23. ____ Team sports can teach teenagers important skills.
 - 24. ____ Players need to communicate and work together.

Teacher: Lcdo. Olivier Lobo González

Colegio Patriarca San Jose
Reading and Writing Homework 1 term 2



25. ____ For instance, soccer players need to communicate with their teammates during a game.

PART VII – WHICH SENTENCE DOES NOT BELONG?

Choose the sentence that does NOT support the topic sentence.

26. Topic Sentence:

Reading can help students improve their English.

- A. Reading can help students learn new vocabulary.
- B. Students can see how English sentences are organized.
- C. For example, students may learn new expressions from stories.
- D. Some students enjoy playing basketball after school.

27. Topic Sentence:

Playing sports can be good for teenagers.

- A. Sports can help teenagers stay active.
- B. Students can learn teamwork through sports.
- C. For example, soccer players practice working together.
- D. Reading novels can be an enjoyable activity.

28. Topic Sentence:

Cooking can be a useful hobby.

- A. Teenagers can learn how to prepare meals.
- B. Cooking can help teenagers become more independent.
- C. For example, students can learn to prepare a simple breakfast.
- D. Some teenagers enjoy listening to music.

Teacher: Lcdo. Olivier Lobo González



PART VIII – ORDER OF INFORMATION.

Look at the three sentences, order from general to specific, TS-SS-DS

- A.** For example, playing soccer can help students meet new people.
- B.** Sports can help teenagers develop social skills.
- C.** Teenagers can communicate and work with other people when they participate in sports.

29. Which is the correct order from general to specific?

- A. $A \rightarrow B \rightarrow C$
- B. $B \rightarrow C \rightarrow A$
- C. $C \rightarrow A \rightarrow B$
- D. $B \rightarrow A \rightarrow C$

- A.** For example, reading a story can introduce students to new words.
- B.** Reading can help students improve their English.
- C.** Students can learn vocabulary when they read regularly.

30. Which is the correct order from general to specific?

- A. $A \rightarrow C \rightarrow B$
- B. $B \rightarrow C \rightarrow A$
- C. $C \rightarrow B \rightarrow A$
- D. $B \rightarrow A \rightarrow C$

Teacher: Lcdo. Olivier Lobo González

Colegio Patriarca San Jose
Reading and Writing Homework 1 term 2



Teacher: Lcdo. Olivier Lobo González