LIFESTYLES — INTERACTIVE WORKSHEET

Name: _____ **Class:** _____ **Score:** _____

1. DO or DOES?

_____ you usually drink coffee? ○ Do ○ Does

_____ she often read books? ○ Do ○ Does

_____ they go to school every day? ○ Do ○ Does

_____ he exercise in the morning? ○ Do ○ Does

2. ADVERBS OF FREQUENCY

I _____ eat breakfast. ○ always ○ usually ○ never

She is _____ late. ○ often ○ rarely ○ always

We _____ visit our family. ○ sometimes ○ never ○ always

3. CHOOSE THE RIGHT QUESTION

_____ do you exercise? ○ How often ○ How much time ○ How long

_____ do you spend online? ○ How often ○ How much time ○ How long

_____ do you sleep every night? ○ How often ○ How much time ○ How long

QUICK CHECK

How often = frequency | How much time = amount of time

How long = duration | Adverb usually comes before the main verb.

LIVEWORKSHEETS

LIFESTYLES — INTERACTIVE WORKSHEET

Name: _____ **Class:** _____ **Score:** _____

4. PUT THE ADVERB IN THE CORRECT PLACE

I / eat breakfast / always. **Example: I always eat breakfast.**

They / go to school / usually. **Example: They usually go to school.**

She / is / often / happy. **Example: She is often happy.**

1) We / visit our family / sometimes.

2) He / is / rarely / late.

3) I / exercise / usually / in the morning.

5. MY DAILY ROUTINE

How often do you exercise?

How much time do you spend online?

How long do you sleep every night?

6. ASK A CLASSMATE

Ask your classmate and choose one answer.

How often do you exercise? ○ Every day ○ Sometimes ○ Rarely

How often do you read books? ○ Often ○ Sometimes ○ Never

EXIT TICKET

Write one sentence using an adverb of frequency.

LIVEWORKSHEETS