Healthy Habits Writing Exercise

Write about healthy habits using 3 words in each category.

1. **3 vegetables:** _____ _____ _____
2. **3 fruits:** _____ _____ _____
3. **3 healthy drinks:** _____ _____ _____
4. **3 things you do for exercise:** _____ _____ _____
5. **3 healthy breakfast foods:** _____ _____ _____
6. **3 things you do to relax:** _____ _____ _____
7. **3 things you should do every day:** _____ _____ _____
8. **3 things you shouldn't eat too much:** _____ _____ _____



LIVEWORKSHEETS