Relative Pronouns - Healthy Habits

Complete the sentences with who, which, where, whose, or when.

1. A balanced breakfast is something _____ gives you energy for the morning.
2. My sister is the person _____ always reminds me to drink enough water.
3. This is the gym _____ I go three times a week.
4. We should talk to a doctor _____ can give us advice about our diet.
5. I have a friend _____ parents are very interested in healthy cooking.
6. Yoga is an activity _____ can help you relax and reduce stress.
7. The woman _____ I met at the running club gave me some great advice.
8. A kitchen is a place _____ you can prepare healthy meals at home.
9. People _____ exercise regularly often have more energy during the day.
10. Drinking enough water is a habit _____ is important for your health.
11. The trainer _____ advice helped me improve my fitness was very friendly.
12. There are many healthy snacks _____ you can take to work or school.
13. The people _____ we spoke to at the health centre were very helpful.
14. I love parks _____ I can walk or run without traffic around me.
15. My brother is someone _____ never skips breakfast.
16. Sleep is something _____ your body needs to recover after exercise.
17. The woman _____ son started eating healthier meals gave me some recipes.
18. A sports centre is a place _____ people can exercise and meet others.
19. The doctor _____ we visited recommended that I get more sleep.
20. Walking is a simple habit _____ can make a big difference to your health.



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