

Label

Exercise 1

Choose the best answer for each number.

AO3 Boomer Berry: Little Berry Big Power

From deep within the Amazon rain forest, known as nature's medicine cabinet, comes an amazing super compound called AO3. This super berry, Açai naturally fortified with Omega-3, is ultra powerful and was only recently discovered in Brazil. Now you can find it in the USA in a new and revolutionary product: AO3 Boomer Berry. Combining all the power of Açai and Omega-3, AO3 Boomer Berry is a unique product that fits into your active lifestyle and supports a healthy, energetic, fulfilling, and vibrant life!

Quality assured, contains no artificial ingredients.
Distributed by:
Brazilian Basics
4532 W Kennedy Blvd #324
Tampa, FL 33609
877.479.9421 / Brazilian-Basics.com

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Brazillian Basics

AO3 BOOMER BERRY

HEART Support BRAIN Support JOINT Support ENERGY Support

A Unique Formulation that Supports YOUR Active Lifestyle

DIETARY SUPPLEMENT 60 SOFTGELS PHARMACEUTICAL GRADE

Supplement Facts

Serving size 2 softgels (1500 mg)
Servings per container 30

Amount per Serving	% Daily Value
Calories	13
Calories from Fat	9
Total Fat	1.0g 2%*
Saturated Fat	0.4g 2%*
Polyunsaturated Fat	0.6g
Omega-3 Fish Oil	1000 mg
Eicosapentaenoic Acid (EPA)	300 mg
Docosahexaenoic Acid (DHA)	200 mg
Other Omega-3 Fish Oil	500 mg
Açai Berry powder (4 to 1 Extract)	500 mg

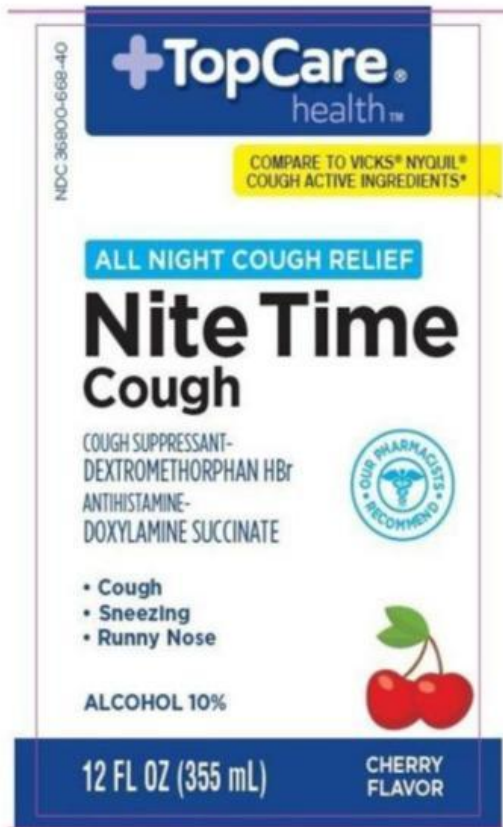
*Percent daily values are based on a 2000 calorie diet.
† Daily value not established

Ingredients: Purified, molecularly-distilled pharmaceutical grade deep sea fish oil, and Açai berry powder extract
Contains soy and fish (sardines and anchovies)

Other ingredients: Gelatin, Glycerin, Water, Beeswax, Lecithin, Color (FD&C Red No. 40, FD&C Blue No. 1, Titanium dioxide)

Directions: As a dietary supplement, take 2 to 4 softgels daily.

- From the text we know that Boomer Berry
 - consists of more than three kinds of omega-3
 - has rich saturated and polyunsaturated fat
 - provides abundant amount of omega-3
 - contains only sardines and anchovies
- This product is useful for
 - curing joint pain
 - healing heart disease
 - treating some illnesses
 - supporting a healthy life



3. The following are the elements of the two labels:
- I. the flavor
 - II. the manufacturer
 - III. the function
 - IV. the size
 - V. the substances

The two labels are different in terms of

- A. I and V
- B. II and IV
- C. II and V
- D. III and IV



4. Which of the followings are in line with the descriptions of the product?

- (1) It is good for health.
- (2) It belongs to junk food.
- (3) It uses natural ingredients.
- (4) It does not have flavor.

- A. (1) and (2)
- B. (1) and (3)
- C. (2) and (3)
- D. (2) and (4)

5. Where do you usually find the text above?

- A. On a bottle of beverages.
- B. On a food sachet.
- C. On a cloth.
- D. On a drug.



6. Part of the label shown in the picture is ... of the product.



- A. the trademark
- B. the instruction
- C. the certification
- D. the manufacturer

7. From the label we can conclude that

- I. the waffle is free from eggs, milk and wheat
- II. people on diet will likely buy this product
- III. the product is made in the Netherlands
- IV. a box of the product equals to 396 gr

- A. I and II
- B. I and III
- C. II and IV
- D. III and IV

TEXT 1

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Directions: Take 2 tablets once a day.

Warning: Consult a physician before using if pregnant, nursing or on medication.

Do not use if inner seal is missing or broken.

Keep out of the reach of children. Store in a cool, dry place.

Your purchase supports medical research. A portion of the proceeds from the sale of NeoVitin will be donated to non-profit groups dedicated to fighting cancer.

Manufactured in the USA from the finest domestic and foreign ingredients.

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Physician-Formulated Multivitamin and Proprietary Blend

Dietary Supplement • 60 Tablets

Supplement Facts

Serving Size 2 Tablets
Servings Per Container 30

	Amount Per Serving	%DV
Vitamin A (as Vitamin A Palmitate)	3500 IU	70%
Vitamin C (as Ascorbic Acid)	60 mg	100%
Vitamin D (as Cholecalciferol)	400 IU	100%
Vitamin E	40 IU	133%
(as Di-alpha Tocopherol Acetate)		
Thiamine (as Thiamine HCl)	1.5 mg	100%
Riboflavin	1.5 mg	88%
Niacin (as Niacinamide)	40 mg	200%
Vitamin B6 (as Pyridoxine HCl)	2 mg	100%
Folic Acid	400 mcg	100%
Vitamin B12 (as Cyanocobalamin)	10 mcg	166%
Biotin	30 mcg	17%
Calcium (as Calcium Carbonate)	200 mg	20%
Iodine (as Potassium Iodide)	100 mcg	67%

Other Ingredients: Dicalcium Phosphate Dihydrate, Microcrystalline Cellulose, Stearic Acid, Croscarmellose Sodium, Magnesium Stearate, Silicon Dioxide, and Pharmaceutical Glaze.

	Amount Per Serving	%DV
Magnesium (as Magnesium Oxide)	50 mg	12%
Selenium	30 mcg	43%
(as Selenium Amino Acid Chelate)		
Copper (as Cupric Oxide)	2 mg	100%
Manganese (as Manganese Sulfate)	2 mg	100%
Chromium (as Chromium Picolinate)	100 mcg	83%
Molybdenum	75 mcg	100%
(as Molybdenum Amino Acid Chelate)		
Proprietary Blend	1185 mg	11
Green Tea 4:1 Extract		
L-Carnitine Tartrate		
Phenyl Ginseng PE 2% Powder		
Curcumin (from Turmeric 95% Extract)		
Boron (as Boron Amino Acid Chelate)	150 mcg	11

1 Percent Daily Values based on a 2000 calorie diet.
11 Daily Value Not Established.

TEXT 2

DELICIOUS ADULT GUMMY VITAMINS
ALL NATURAL FLAVORS & COLOR
Flavors: Strawberry, Orange & Cherry
No high fructose corn syrup. Contains no milk, fish, wheat, egg, shellfish, peanuts, or soy.

Do not use if tamper-evident seal is broken or missing. Store between 55°F and 75°F (12°C and 25°C). Keep out of reach of children. If pregnant, breast-feeding or taking any medications, consult a physician before use. Discontinue use and consult a physician, if adverse reactions occur.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

LOT:
MFG:
EXP:

Distributed by:
LEOSONS
10 Maryland Ave.
Albany, NY 12205
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Multivitamin

11 VITAMINS AND MINERALS
FOR DAILY NUTRITIONAL SUPPORT*

60

ADULT GUMMY VITAMINS

DIETARY SUPPLEMENT

Vegetarian No Gelatin

Supplement Facts

Serving Size: 2 gummies
Servings Per Container: 30

	Amount per serving	%Daily Value
Calories	15	
Total Carbohydrate	4g	14%
Sugars	3g	
Vitamin A (Retinol Acetate)	4950IU	99%
Vitamin C (Ascorbic Acid)	60mg	100%
Vitamin D (Cholecalciferol)	400IU	100%
Vitamin E (dl-Alpha Tocopherol Acetate)	40IU	133%
Vitamin B-6 (Pyridoxine Hydrochloride)	2mg	100%
Folic Acid (Folic Acid)	400mcg	100%
Vitamin B-12 (Cyanocobalamin)	8mcg	133%
Biotin (Biotin)	150mcg	50%
Pantothenic Acid (Calcium D-Pantothenate)	10mg	100%
Iodine (Potassium Iodide)	50mcg	50%
Zinc (Zinc Sulfate)	5mg	33%

*Percent Daily Value based on a 2,000 calorie diet
*Daily Value not established

Other Ingredients: Glucose Syrup, Sugar, Water, Pectin, Citric Acid, Sodium Citrate, Natural Flavors, for colors (Amaranth, Elderberry Juice & Grape Juice Concentrate), Coconut Oil, Carnauba Wax

SUPPLEMENT FACTS

Suggested Use: For adults, chew two gummies daily. Gummy should be chewed before swallowing.

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8. The benefit of reading the texts is
 - A. to know the daily nutritional reference
 - B. to obtain sufficient vitamins and minerals intake
 - C. to gain complete information about the products
 - D. to find out information about a dietary supplement

9. The following statements are in line with both products.
 - I. They can be used to cure and treat a certain sickness.
 - II. They must be obtained with a physician's prescription.
 - III. They must be stored in a specified place and temperature.
 - IV. They can be consumed by nursing women with doctor's advice.

The correct statements are

- A. I and II
- B. I and III
- C. II and III
- D. III and IV

10. From the texts we may infer that people
- may spend each pack of the supplement in a month
 - will get less Vitamin A from Amerix than Neovitin per serving
 - may take more days to consume a pack of Amerix than Neovitin
 - can get the same amount of Vitamin D per capsule from the products
 - can have equal amounts of folic acid from Amerix and Neovitin in a day
- A. I, II, and III
 B. I, III, and IV
 C. I, IV, and V
 D. II, IV, and V

PRODUCT A	PRODUCT B
MAPLE & BROWN SUGAR PROTEIN-PACKED OATMEAL Ingredients: 100% whole grain rolled oats, pea protein concentrate with tapioca starch, cane sugar, milk protein concentrate, brown sugar, maple syrup, whey protein isolate with sunflower lecithin, sea salt, natural flavors. Contains milk. Due to processing on shared equipment, may contain trace amounts of egg, soy, tree nuts, and wheat. 12g PROTEIN PER SERVING 6 PACKS INSIDE	CLASSIC ROLLED OATS PROTEIN-PACKED CANISTER Ingredients: 100% whole grain rolled oats, pea protein concentrate with tapioca starch, whey protein crisps (whey protein isolate, whey protein concentrate, tapioca starch). Contains milk. Due to processing on shared equipment, may contain trace amounts of soy, tree nuts, and wheat. 10g PROTEIN PER SERVING 9 (50g) SERVINGS PER CONTAINER

11. Which statements go with the text?
- Both products have the same amount of serving size.
 - We find more calcium in product B than in product A.
 - Product B contains more Vitamin D than product A.
 - Those who are allergic with milk will not consume them.
- A. 1 and 2.
 B. 1 and 4
 C. 2 and 3
 D. 2 and 4

12. From the text we know that
- Both products show us the expiration dates
 - Product A contains more cholesterol than product B
 - We find the information about the brand of the products
 - Those who need sugar free will prefer product B to product A



Supplement Facts

Serving Size: 1 scoop (3 g approx.)
Servings Per Container: 94

	Amount Per Serving	% Daily Value
Organic Barley Grass Juice Powder (Hordeum vulgare)	3,000 mg	†
Calories	10	
Total Fat	0 g	0%
Protein	1 g	2%
Vitamin A	240 mcg	27%
Vitamin C	27 mg	30%
Vitamin K	180 mcg	150%
Magnesium	28 mg	7%

* Percent Daily Values are based on 2,000 calorie diet. † Daily Value not established.

 **Get 1 full scoop**
 **Mix into your favorite drink**
 **Consume once per day**

Other Ingredients: None.

Free of: Soy, Dairy, Gluten & Tree nuts.

Storage: Keep out of the reach of children. Keep in a cool, dry place.

Natural color variation may occur in this product.

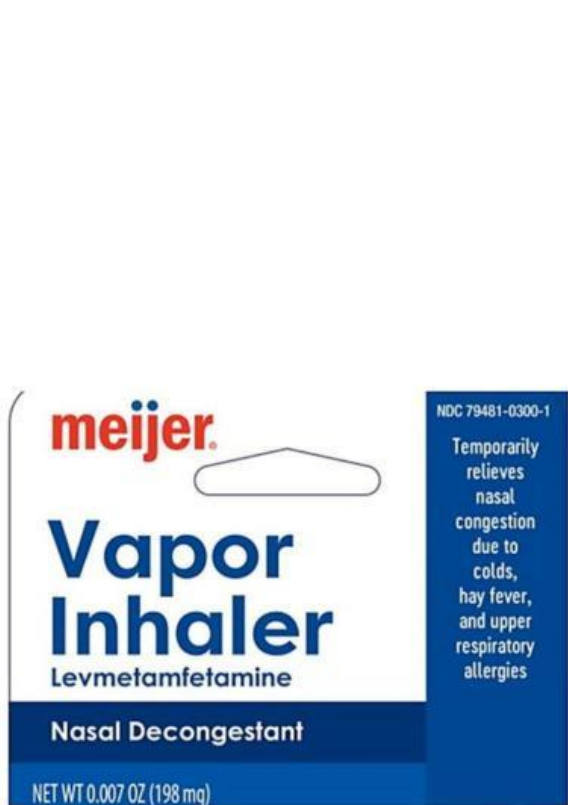
13. Part of the label shown in the picture is ... of the product.



- the dosage
- the warnings
- the directions
- the substances

14. The statements are in line with the text.
- Parents will buy the product for their teen with Vitamin K deficiency.
 - People on diets will consume the product as their staple food.
 - Vegetarians will be interested in consuming the product.
 - An underweight adult will drink the product frequently.

- I and II
- I and III
- II and III
- III and IV



meijer.

Vapor Inhaler

Levmetamfetamine

Nasal Decongestant

NET WT 0.007 OZ (198 mg)

NDC 79481-0300-1

Temporarily relieves nasal congestion due to colds, hay fever, and upper respiratory allergies

TAMPER EVIDENT – USE ONLY IF PERFORATED TUBE LABEL IS INTACT.

Drug Facts

Active ingredient (per inhaler)	Purpose
Levmetamfetamine 50 mg	Nasal decongestant

Use for temporary relief of nasal congestion due to:

- the common cold
- hay fever or upper respiratory allergies

Warnings

When using this product

- do not exceed recommended dosage
- temporary burning, stinging, sneezing, or increased nasal discharge may occur
- use of this container by more than one person may spread infection
- do not use for more than 7 days
- use only as directed
- frequent or prolonged use may cause nasal congestion to recur or worsen

Stop use and ask a doctor if symptoms persist.

If pregnant or breast-feeding, ask a health professional before use.

Keep out of reach of children. If swallowed, get medical help or contact a Poison Control Center right away.

Directions

- the product delivers in each 800 ml of air 0.04 to 0.150 mg of levmetamfetamine
- do not use more often than every 2 hours

adults and children 12 years of age and over	2 inhalations in each nostril
children 6 to under 12 years of age (with adult supervision)	1 inhalation in each nostril
children under 6 years of age	ask a doctor
children under 2 years of age	do not use

Other information • this inhaler is effective for a minimum of 3 months after first use • keep inhaler tightly closed • store at 59°-86° F (15°-30° C)

Inactive ingredients boryl acetate, camphor, lavender oil, menthol, methyl salicylate

Questions or comments? 1-877-586-7979

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15. The benefit of reading the text is
- to know the symptoms of nasal congestion
 - to find out how to prevent nasal congestion
 - to tell the proper direction to use vapor inhaler
 - to obtain complete information about vapor inhaler
16. The following statements are in line with the text.
- The medicine may lessen nasal discharge.
 - The product is effective at least for 3 months.
 - This medicine is protected by a perforated-tube seal.
 - The product should be stored at the room temperature.

The correct statements are

- I and III
- I and IV
- II and III
- III and IV

17. From the text we may infer that
- children under 6 years old need physician advice to use the medicine
 - adults may use the vapor inhaler frequently for a long period
 - children above 11 years old can inhale 12 times a day
 - adults should inhale every hour to get the best result
- A. I and II
B. I and III
C. II and III
D. III and IV

Label of Product 1

Label of Product 2

18. What will the readers likely do after reading the text?
- People who try to reduce sugar consumption will prefer product 1.
 - People who have soybean allergies will buy both products.

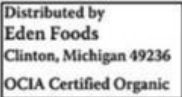
- (3). People who need high calories will prefer product 1.
 (4). People who like vanilla flavor will prefer product 2.
 A. (1) and (3)
 B. (1) and (4)
 C. (2) and (3)
 D. (3) and (4)

19. According to the texts, which descriptions are correct?

- (1). Product 1 contains higher calcium than Product 2.
 (2). Both products have no cholesterol in them.
 (3). Product 1 is more flavorful than Product 2.
 (4). Both products provide no vitamin D.

- A. (1) and (3)
 B. (1) and (4)
 C. (2) and (3)
 D. (2) and (4)

20. Which part of the texts shows the manufacturer of the product?

A. 	C. 
B. 	D. 