

A

Ways of cooking food

You **boil** potatoes or rice in a **saucepan**.
 You can **fry** sausages in a **frying pan**.
 You **grill** toast or meat under a **grill**.
 You **roast** meat [using oil] in the **oven**.
 You also **bake** cakes [without oil] in the oven.
 You **barbecue** meat and fish on a **barbecue**.
 Food which is not cooked is **raw**.



B

Preparing and cooking food

Peel the potatoes [remove the skin] and boil them.
 While they're boiling, **chop** an onion. [cut it into small pieces]
 Fry the onion before **adding** some chopped tomatoes. [putting them together with the onions]
 Then **stir** it all for a few minutes. [move it around in a saucepan using a spoon]

C

What does it taste like?

Chefs [people who cook food in a restaurant as a job] always **taste** the food [put a small amount in their mouth to see what it is like] while they are cooking.
 I don't like the **taste** of too much garlic.
 I tried the soup and it **tasted** a bit strange.
 Michel's food is very **tasty** [has a good taste].
 Indian food is a bit too **spicy** for me [with a strong hot flavour].
 You get ice cream in different **flavours** [the type of taste that food or drink has, e.g. vanilla, coffee, strawberry, etc.].
 Lena said her pasta was **horrible** [terrible, unpleasant], but I thought it was **delicious** [fantastic, with a wonderful taste].

Language help

We use the word **sour** to describe the taste of lemons (*opp* **sweet**), but usually **bitter** to describe coffee that is strong and has a sharp unpleasant taste (*opp* **smooth**).
 Strong, dark chocolate can also be described as bitter, but this is not always negative.

D

Are you a good cook?

“I'm a bit nervous when I cook, so I always follow a **recipe** [the cooking instructions for a particular dish, e.g. lasagne], and make sure I have all the right **ingredients** [the different food you need to make a particular meal] before I start. However, I am quite good at making **pies**, especially apple **pie**.” (Pie is pronounced /paɪ/ like 'my'.)



apple pie

Common mistakes

A person who cooks well is a good **cook** (NOT a good *cooker*). The **cooker** is the large piece of equipment you use for cooking. You could also say that you are **good/bad** at cooking (NOT good/bad *in* cooking), e.g. *I'm quite good at cooking fish*.

Also we 'cook' a type of food, e.g. *I'm cooking some beef*, but we 'make' a dish, e.g. *I'm making dessert*. (NOT *I'm cooking dessert*.)

Exercises

25.1 Write down five more ways of cooking food.

boil

25.2 How do you pronounce the underlined letters? Use the index to help you.

chef Is it like shoe or chief? *shoe* oven Is it like love or lonely?
raw Is it like now or door? pie Is it like pea or lie?
sour Is it like more or hour? saucepan Is it like four or flower?

25.3 Cross out the wrong word in each sentence. Write the correct word at the end.

- The paella was very ~~tasteful~~. *tasty*
- My brother is a very good cooker.
- Don't forget to heat up the fry pan before you add the aubergine.
- This chocolate is very sour.
- I'm afraid my mother has never been very good in cooking.
- You can buy this ice cream in five different tastes.

25.4 Which words are being defined?

- The flavour that something has in your mouth when you eat it. *taste*
- A person who cooks food as their job.
- Having a good taste.
- The large piece of equipment in the kitchen for cooking food.
- The word to describe the taste of lemons.
- Not cooked.
- Having a fantastic taste. The opposite is

25.5 Explain what the person did, using the correct word.

- | | |
|--|--------------------------------------|
| 1 I got the list of food and cooking instructions. | You got the <i>recipe</i> |
| 2 I bought all the food I needed for the dish. | You bought all the |
| 3 First I removed the skin of the potatoes. | You the potatoes. |
| 4 I cooked the potatoes in water. | You the potatoes. |
| 5 Then I cut the onions into small pieces. | You the onions. |
| 6 I cooked the onions in a frying pan. | You the onions. |
| 7 I put the potatoes together with the onion. | You the potatoes to the onion. |
| 8 I put in some milk and moved it round in the pan. | You put in milk and it. |
| 9 Then I put a little in my mouth to see what it was like. | You it. |

25.6 Over to you

Answer the questions. If possible, compare your answers with someone else.

- Do you eat these things in your country?
 a) raw fish b) roast beef c) fried rice d) baked potato e) barbecued chicken
- Do you like these things?
 a) bitter chocolate b) spicy food c) chocolate-flavoured ice cream d) the taste of garlic
- How often do you cook food on a barbecue?
- Are you a good cook? If so, what are you good at?