activity

1 Verb + activity

Use the correct form of these verbs:

avoid *be involved in* *monitor*
do *organise* *support*

1. Our yoga group ..... a number of activities throughout the year. Our monthly newsletter gives you an update on our current activities.
2. The police suspect that he is ..... some kind of illegal activity, but they can't prove it yet.
3. This is a simple activity you can ..... with mixed ability classes.
4. It is important that you ..... any kind of sporting activity for at least three weeks after your operation.
5. Charities depend on people like us to ..... their activities. Otherwise, they would not be able to function.
6. A national committee has been set up to ..... the activities of the police. It is important that they are answerable to the general public.

2 Common adjective collocations

Complete the sentences with these adjective collocations:

frenetic activity
outdoor activities
pleasurable activities
strenuous activity
worthwhile activities

1. You're wasting your time playing computer games. You need to redirect your energies into more ..... .
2. For me, one of life's most ..... is going for a long walk in the countryside.
3. I hate being inside. That's why I love .... like mountaineering and sailing.
4. You can do some light exercises, but avoid any kind of ..... if you want to recover from your injury quickly.
5. We worked night and day to meet the deadline and after two weeks of ..... the job was finished on time.

Go back and underline other interesting collocations in this exercise.

3 Types of activity

Use these adjectives in the sentences:

criminal *economic* *extra-curricular*
leisure *political*

1. A shorter working week means that people today have much more time for ..... activities.
2. A friend of mine was arrested and imprisoned for his ..... activities. He refused to accept the government ban on public demonstrations.
3. Apart from its academic programme the school offers a wide range of ..... activities, including swimming, drama, cycling and archery.
4. There's been an increase in ..... activity in our area in recent years – mostly drug-related.
5. In third world countries agriculture remains the main ..... activity.

4 Noun + of + activity

Use these nouns in the sentence:

bouts *flurry* *hive* *signs* *variety*

1. The whole of our house was a ..... of activity on the day of my sister's wedding. Everybody was rushing around preparing things.
2. The new sports centre offers a wide ..... of activities including tennis, swimming and squash.
3. There was a sudden ..... of activity when Madonna arrived, then the photographers sat down and waited for the next star to arrive.
4. Doctors tell us that regular exercise is better than occasional ..... of strenuous activity.
5. The plants in the garden are finally showing ..... of activity after the long cold winter.

Notes

1. These expressions mean a lot of activity:
   The hall was a scene of constant activity.
   The place was buzzing with activity.
2. Note these verb collocations:
   Lots of activities were laid on for the children.
   What kind of leisure activities do you enjoy?

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