

My score

Name

Class NO. date



WORKSHEET

PART 1: DATA EXTRACTION

INSTRUCTIONS

Read the label and complete Tasks 1-10 (Type short answers or choose from options).

คำสั่ง: อ่านฉลากสินค้า แล้วพิมพ์ตอบสั้นๆ หรือเลือกคำตอบข้อ 1-10



Tasks 1-10 List

1. Product Name:

2. Serving Size:

3. Total Calories:

4. Sodium Amount:

5. Fat Amount:

6. Sugar Amount:

7. Best Before Date (BBF):

8. Product Evaluation:

[Select Option ▼]

9. Storage Instruction:

[Select Option ▼]

10. Advice Action:

[Select Option ▼]



HEALTHY
CHOICES,
HAPPIER
YOU!

NUTRITION FACTS

Serving Size: 1/2 bag (12.5g)

Servings per Container: 2

Amount Per Serving

Calories 130

Calories from (7%)

% Daily Value*

Total Fat 7g

11%

Saturated Fat 5g

11%

Trans Fat 0g

Cholesterol 0mg

0%

Sodium 120mg

5%

Total Carbohydrate 2g

3%

Dietary Fiber 1g

0%

Total Sugars 2g

Includes 2g Added Sugars

5%

Protein 1g

Vitamin A 0%

Vitamin 32mg 0%

Calcium 30%

Iron 0%

*Percent of Daily Value based on a 2,000 calorie diet.

INGREDIENTS: Wheat Flour, Vegetable Oil, Sugar, Potato Starch, Barbecue Seasoning, Salt, etc. (with % and E-numbers)

ALLERGEN INFORMATION: Contains Wheat. Processed on shared equipment with [generic non-branded allergen warning].

MANUFACTURED BY: SRINANAPORN MARKETING PLC.
99/99 Rirumar Marketon A. Yonta, Krathbumon PLC.,
99/999 7, Omnoi, Samutsakon 74130.

DISTRIBUTED BY:

[generic non-branded distributor name]
[generic: 0-22023-4673].



PRODUCT OF THAILAND

FDA: 74-2-04659-2-0003

LOT NO.

A2312

MFG DATE: 15 MAR 2023

BEST BEFORE: 15 NOV 2023

Consuming small amounts and
exercising for good health.

CONTACT US: 0-2-22023-4673



LIVEWORKSHEETS