

1ST QUIZ

SECTION 1: VOCABULARY - COMPLETION

Complete each sentence with the correct word. The first letter is given as a clue. Do NOT use contractions.

1. She is very **r**_____; you can always trust her to finish her assignments on time.
2. Mark wants to improve his skills, so he decided to **t**_____ a course in digital marketing.
3. Unfortunately, the number of young people buying homes has **d**_____ this year due to high interest rates.
4. He is very **a**_____ and works late every evening because he wants to reach the top of his company.
5. The cost of living is **r**_____ rapidly, making it difficult for families to save money.
6. Sarah is an **h**_____ person who always tells the truth even when it is difficult.
7. You need to be very **p**_____ when teaching young children because they learn at different speeds.
8. Scientists predict that environmental conditions will get **w**_____ if we do not reduce pollution.
9. He is training hard to **g**_____ a qualification in civil engineering.
10. I am not very **k**_____ on outdoor activities like camping or hiking.

SECTION 2: VOCABULARY - MATCHING

Match the words in Column A (1–10) with their correct definitions or descriptions in Column B (A–J).

COLUMN A

1. **Creative**
2. **Sensitive**
3. **Organised**
4. **Calm**
5. **Confident**
6. **Increase**
7. **Reduce**
8. **Improve**
9. **Go down**
10. **Lazy**

COLUMN B

- A. To make or become smaller in size, amount, or degree.
- B. To become better or to make something better.
- C. Good at planning things and arranging work efficiently.
- D. Unwilling to work or use energy; inactive.
- E. Having good imagination and original ideas.
- F. To become lower in level, value, or price.
- G. Feeling sure about your own abilities and qualities.
- H. To become or make greater in size, amount, or degree.
- I. Aware of and able to understand other people's feelings.
- J. Not showing or feeling nervousness, anger, or excitement.

SECTION 3: GRAMMAR - MULTIPLE CHOICE

Choose the correct option (A, B, C, or D) to complete each sentence. Do NOT use contractions.

1. Look at those dark clouds! It _____ rain very soon.
A) is going to B) will C) is raining D) rains
2. Right now, my brother _____ for a multi-national company in Madrid.
A) works B) is working C) will work D) is going to work
3. I _____ my dentist tomorrow morning at ten o'clock.
A) meet B) am meeting C) will meet D) met
4. Experts believe that the global population _____ significantly over the next thirty years.
A) is increasing B) increases C) will increase D) is going to increasing
5. She _____ a degree in economics at the local university this term.
A) does B) is doing C) will do D) do
6. What _____ after you graduate from university next summer?
A) will you do B) do you do C) are you going to do D) are you doing to
7. I _____ that driverless cars will solve all traffic congestion issues.
A) am not thinking B) do not think C) will not think D) am not thought
8. How about _____ a break and drinking some green tea?
A) take B) to take C) taking D) took
9. Why _____ ask your supervisor for professional guidance?
A) do you not B) you not C) are you not D) you do not
10. I recommend _____ to bed earlier to improve your sleep quality.
A) to go B) going C) go D) gone

SECTION 4: GRAMMAR - GAP FILLING

Complete the sentences with the correct form of the verbs in brackets (Present Simple, Present Continuous, or Future forms). Do NOT use contractions.

1. At the present moment, my colleague _____ (train) to become a certified accountant.
2. I usually _____ (listen) to podcasts about personal development while commuting to work.
3. We _____ (have) a formal meeting with the international delegates at three o'clock tomorrow afternoon.
4. Scientists predict that climate change _____ (cause) more extreme weather events in the future.
5. Look at those heavy boxes! I _____ (help) you carry them up the stairs.
6. She _____ (not / want) to move to another city because all her family lives here.
7. What time _____ your flight _____ (leave) tomorrow morning?
8. I _____ (buy) a new computer next month because I have saved enough money.
9. Online dating platforms _____ (become) increasingly popular among working professionals these days.
10. He _____ (not / understand) why his friends spend so much time on social media.

READING PASSAGE: NAVIGATING MODERN CAREERS AND RELATIONSHIPS

In today's fast-paced society, young professionals face unique challenges when balancing career ambitions and personal relationships. Sofia Bianchi, a twenty-five-year-old language tutor currently residing in Rome, believes that building a successful career requires constant self-improvement. "At the moment, I am taking an intensive course in English because I want to expand my teaching opportunities abroad," she explains. "Many people think that learning a language is easy, but it demands patience and consistency." Sofia lives with her long-term partner and spends her limited free time cooking and exploring historical sites.

Similarly, Xavier Lopez, a qualified accountant based in Madrid, emphasizes the importance of maintaining strong social connections. Although his professional life is exceptionally busy, Xavier regularly volunteers at a local community center. "I am working full-time for a multi-national firm, but I always make time to help others. I am also planning to start a degree in environmental science next year because I want to transition into a career focused on sustainability," Xavier says. He believes that modern technology, while useful, often prevents people from developing deep, meaningful friendships.

Experts agree that life choices in one's twenties significantly shape future well-being. Dr. Elena Rostova, a sociologist studying modern lifestyle trends, predicts that traditional workplace structures will continue to evolve rapidly. "In the next decade, more employees will work remotely from home, which will reduce daily stress for many individuals. However, this shift may also increase feelings of isolation if people do not actively make time for personal interactions," she notes. As life maps become less predictable, adaptability and emotional intelligence are becoming essential qualities for long-term success.

SECTION 5: READING - TRUE / FALSE / DOES NOT SAY

Read the text above and decide whether each statement is True (T), False (F), or Doesn't Say (DS).

1. Sofia Bianchi is currently living and working in Rome. _____
2. Sofia is studying English because she wants to move to London next year. _____
3. Sofia lives alone in a small apartment in the city center. _____
4. Xavier Lopez works as an accountant for a multi-national company. _____
5. Xavier receives a payment for his volunteer work at the community center. _____
6. Xavier is going to start studying environmental science next year. _____
7. Dr. Elena Rostova is a professor at the University of Madrid. _____
8. Dr. Rostova predicts that remote work will decrease over the next ten years. _____
9. According to Dr. Rostova, working from home may lead to increased feelings of isolation. _____
10. Sofia and Xavier met each other while participating in a volunteer project. _____

SECTION 6: READING - MULTIPLE CHOICE

Choose the correct answer (A, B, C, or D) based on the reading passage.

1. What is Sofia's primary goal for taking an English course?
A) To pass a university exam B) To travel for leisure C) To expand career opportunities abroad

- D) To assist her partner
2. According to Sofia, what qualities are necessary for learning a language?
- A) Ambition and speed B) Patience and consistency C) Creativity and humor
D) Confidence and intelligence
3. What does Xavier do in his spare time?
- A) He cooks traditional meals B) He teaches accounting C) He volunteers at a center
D) He studies English
4. Why does Xavier want to study environmental science?
- A) To earn a higher salary B) To transition into a sustainability career C) To work for a local charity
D) To move to a new city
5. What is Xavier's view on modern technology?
- A) It helps people make deeper friends B) It prevents deep friendships C) It is completely useless
D) It reduces work stress
6. Who is Dr. Elena Rostova?
- A) A language instructor B) An environmental scientist C) A professional accountant
D) A sociologist
7. What change in the workplace does Dr. Rostova predict for the next decade?
- A) More people will work in offices B) Salaries will increase
C) More employees will work from home D) Working hours will double
8. According to Dr. Rostova, what benefit does remote work bring?
- A) Higher qualifications B) Reduced daily stress C) Better technology skills
D) Faster promotions
9. What possible negative outcome of remote work is mentioned in the text?
- A) Lower salary B) Isolation C) Poor time management D) Lack of exercise
10. What qualities are described as essential for long-term success today?
- A) Adaptability and emotional intelligence B) Financial independence and speed
C) Strict organisation and ambition D) Technical expertise and patience

SECTION 7: ADVANCED GRAMMAR - PART 1

Choose the correct option (A, B, C, or D) to complete each sentence. Do NOT use contractions.

1. I _____ my supervisor at three o'clock afternoon to discuss my annual evaluation.
A) see B) am seeing C) will see D) saw
2. Climate scientists warn that sea levels _____ faster than previously estimated.
A) rise B) are rising C) will rise D) were rising
3. What _____ doing when you complete your current training programme?
A) will you B) do you plan on C) are you going to do D) are you plan
4. My brother _____ a state university; he attends a private institution.
A) is not attending B) does not attend C) will not attend D) not attends
5. I am certain that autonomous vehicles _____ common in major urban areas by 2035.
A) become B) are becoming C) will become D) are going to becoming
6. Why _____ taking up swimming as a low-impact form of exercise?

- A) not try B) do you not try C) you do not try D) are you not try
7. She _____ her own consultancy firm after she finishes her master degree.
A) runs B) is running C) is going to run D) run
8. The economic situation in the region _____ gradually over the past few months.
A) improves B) is improving C) will improve D) perform
9. I _____ that altering your lifestyle will immediately solve all your personal problems.
A) am not believing B) do not believe C) will not believe D) am not believed
10. How about _____ a detailed budget to track your monthly personal expenses?
A) create B) creating C) to create D) created

SECTION 8: ADVANCED GRAMMAR - PART 2

Rewrite or complete the following sentences according to the specified instructions. Do NOT use contractions.

- Complete with Present Continuous: Currently, the government _____ (implement) new energy policies.
- Complete with Present Simple: Professional success _____ (depend) on dedication and continuous learning.
- Form a question with 'be going to': (you / apply / for the manager position / next week) ?
- Form a question with 'will': (artificial intelligence / replace / human teachers / in the future) ?
- Complete with 'will' or 'be going to': Look at the dark grey clouds! It _____ (rain) heavily in a few minutes.
- Complete suggestion structure: What about _____ (join) a professional network to enhance career prospects?
- Complete with Present Simple negative: She _____ (not / possess) the necessary qualifications for this job.
- Complete with Present Continuous: This week, our team _____ (prepare) an extensive report for the directors.
- Complete with 'will' for prediction: I am sure that you _____ (pass) your language certification exam without difficulty.
- Complete suggestion structure: I strongly recommend _____ (consult) a financial advisor before making large investments.

SECTION 9 Listening

[Track 99] Listen to Mary talk about a typical day. Choose the correct answer (A, B or C).

1 On a typical Monday, Mary gets up at ...

- A six o'clock.
B seven o'clock.
C eight o'clock.

2 Mary's flatmate gets up ...

- A before her.
B after her.

C at the same time as her.

3 Mary usually has ... for breakfast.

A bread

B cereal

C eggs

4 Mary's flatmate ...

A doesn't have breakfast.

B eats a different breakfast to Mary.

C eats the same food for breakfast as Mary.

5 Mary usually ...

A takes the bus to college.

B goes to college by car.

C walks to college.

6 Mary tells us ...

A how far her flat is from her college.

B how long it takes to go to her college.

C how regularly buses go from her flat to her college.

7 In the evening, after college, Mary ...

A watches TV.

B listens to music.

C meets her friends.

8 At the weekend, Mary's college is ...

A open all day.

B only open on Saturday morning.

C not open at all.

9 On a typical day at the weekend, Mary usually ...

A goes swimming and plays tennis.

B goes swimming and meets friends.

C meets friends and goes to the cinema.

10 On Sundays, Mary ...

A goes cycling through the countryside.

B goes for walks.

C goes jogging in the mountains.