

2 CONVERSATION *It really works!*

 **A** Listen and practice.

Mila: Are you all right, Keith?

Keith: Not really. I don't feel so well. I have a terrible cold.

Mila: Oh, that's too bad. You shouldn't be at the gym, then.

Keith: Yeah, I know. But I need to run for an hour every day.

Mila: Not today, Keith! It's really important to get some rest.

Keith: Yeah, you're right. I should be in bed.

Mila: Well, yeah! And have you taken anything for your cold?

Keith: No, I haven't. What should I take?

Mila: Well, you know, pain medicine, lots of water.

Mila: Sometimes it's helpful to drink garlic tea.

Mila: Just chop up some garlic and boil it for a few minutes, then add lemon and honey.

Mila: Try it! It really works!

Keith: Yuck! That sounds awful!

8 CONVERSATION Can you suggest anything?

 **A** Listen and practice.

Pharmacist: Hi. May I help you?

Mr. Peters: Yes, please. Could I have something for a backache? My muscles are really sore.

Pharmacist: Well, it's a good idea to use a heating pad. And why don't you try this cream? It works really well.

Mr. Peters: OK, I'll take one tube. Also, my wife has a bad cough. Can you suggest anything?

Pharmacist: She should try these cough drops.

Mr. Peters: Thanks! May I have a large bag? And what do you suggest for insomnia?

Pharmacist: Well, you could get a box of chamomile tea. Is it for you?

Mr. Peters: Yes, I can't sleep.

Pharmacist: A sore back and your wife's bad cough? I think I know why you can't sleep!