Name.....PRE.G9 – TEST.LESSON 18 – MARKS: .....

Ex1: Choose the correct answer

1. Regular exercise is important for your _____.

A. physical health B. due date C. ingredient D. mood

2. You should _____ enough sleep every night.

A. get B. make C. do D. take

3. Eating too much _____ may cause health problems.

A. physical exercise B. junk food C. happiness D. schedule

4. If you have a very bad sore throat, you should _____.

A. stay up late B. consult a doctor C. put on weight D. go for a walk

5. She is very _____. She always believes that things will get better.

A. stressed out B. worrying C. optimistic D. fattening

6. I have to finish this project before the _____.

A. brain B. due date C. ingredient D. mood

7. Walking is a good way to _____ stress.

A. reduce B. delay C. gain D. suffer

8. He often _____ late to study for his exams.

A. gets rid of B. stays up C. looks after D. puts on

9. A healthy diet should be _____.

A. well-balanced B. fattening C. stressful D. worrying

10. You should _____ your body by exercising regularly.

A. take care of B. delay C. overcome D. accomplish

Exercise 2. Choose the correct word in brackets.

1. I usually **(go for a walk / stay up late)** after dinner to relax.

2. You should **(look after / delay)** your physical and mental health.

3. She has been **(suffering / accomplishing)** from anxiety for several weeks.

4. Eating vegetables is part of a **(well-balanced / fattening)** diet.

5. He feels **(stressed out / optimistic)** because he has too much homework.

6. You should **(get rid of / put on)** unhealthy habits.

7. My mother always **(looks after / stays up)** my little brother.

8. I need to **(manage / delay)** my time better.

9. This medicine helped me **(get through / gain weight)** the difficult period.

10. We should know the **(ingredients / priorities)** before cooking the dish.

Exercise 3. Choose the best answer A, B, C, or D.

LIVEWORKSHEETS

1. _____ he was very tired, he finished his homework before going to bed.
A. Despite B. Although C. In spite of D. Because of
2. _____ being poor, the boy always helps other people.
A. Although B. Even though C. Despite D. Because
3. She went to school _____ she had a bad headache.
A. despite B. although C. because of D. in spite
4. _____ the heavy rain, they continued playing football.
A. Although B. Even though C. Despite D. Because
5. _____ he studied very hard, he didn't pass the exam.
A. Despite B. Although C. In spite D. Because of
6. _____ having a lot of experience, he didn't get the job.
A. Although B. Despite C. Even though D. Because
7. _____ she was nervous, she gave a confident presentation.
A. Despite B. In spite ofC. Although D. Because of
8. They enjoyed the trip _____ the bad weather.
A. although B. even though C. despite D. because
9. _____ the traffic jam, I arrived at school on time.
A. Although B. Despite C. Because D. Even though
10. _____ he had little money, he bought a gift for his mother.
A. Although B. Despite C. In spite D. Because of
21. Although he was tired, he continued working.
A. Despite he was tired, he continued working. B. Despite being tired, he continued working.
C. Despite of tired, he continued working. D. Despite tiredness he working.
22. Despite the bad weather, they went camping.
A. Although the weather was bad, they went camping.
B. Although the weather, they went camping.
C. Although bad weather, they went camping.
D. Although of the weather was bad, they went camping.
23. In spite of being young, she is very responsible.
A. Although she young, she is responsible. B. Although she is young, she is very responsible.
C. Although being young, she responsible. D. Despite she is young, she responsible.
24. Even though he had no experience, he got the job.
A. Despite having no experience, he got the job.
B. Despite he had no experience, he got the job.
C. Despite of no experience, he got the job.
D. Although having no experience, he got the job.
25. Despite feeling nervous, she gave a good speech.
A. Although she felt nervous, she gave a good speech.
B. Although feeling nervous, she gave a good speech.
C. Although nervousness, she gave a good speech.
D. Although of feeling nervous, she gave a good speech.

Exercise 3. Rewrite the sentences using the word given

Example: Although he was tired, he finished his homework.
→ Despite **being tired**, he finished his homework.

1. Although she was busy, she helped her friend. (Despite)

→ _____

LIVEWORKSHEETS

2. Despite having a lot of homework, Tom went out with his friends. (Although)

→ _____

3. Although the weather was bad, we went camping. (In spite of)

→ _____

4. In spite of feeling nervous, she gave a confident speech. (Although)

→ _____

5. Even though he didn't sleep well, he went to work. (Despite)

→ _____

LIVEWORKSHEETS