

Read the text. Choose a word from the box.
Write the correct word next to numbers 1–5.

There is one example.

EXAMPLE: food

WORD BOX:

food • hungry • rectangular • oval • fish
energy • round • peel

Food and Fruits

People eat (Example) food
when they feel (1) _____.

Some foods have different shapes.

For example, a sandwich is

(2) _____, and eggs are

(3) _____.

You can also cook or grill a fish

(4) _____.

Fruits are very healthy because
they give us (5) _____.

An apple is red and round, and
you can chop it to make juice.

A banana is long and yellow, and
you can peel it before you eat it.

