

TRUE or FALSE?

Write T or F.



Watch the video and write True (T) or False (F) for each sentence.



1

The World Alternative Games has many unusual sports.

T

☐

F

☐

2

Backwards running is a new sport.

T

☐

F

☐

3

Backwards running became popular in the USA.

T

☐

F

☐

4

Backwards running is good for your back.

T

☐

F

☐

5

The runners say the sport is easy.

T

☐

F

☐

6

The speaker says you should practise backwards running in a park.

T

☐

F

☐

Good luck! 😊