

Nama:

Kelas:

# DAILY ASSESSMENT

Complete the dialog with the correct expressions from the box.

Do you have other opinions?

As I read

What do you think?

How do you think?

I am on your side

From my point of view

You're right

Do you agree with me?

Lisa : I think phubbing is getting worse now. People tend to ignore others during the conversations almost on all occasions.

(1) \_\_\_\_\_

Doni : (2) \_\_\_\_\_. In my opinion these actions interrupt their ability to be present and engage with people around them.

Lisa : (3) \_\_\_\_\_ it causes bad impacts to the phubbers' mental health. One study found that texting during a face-to-face conversation made the experience less satisfying for everyone involved, even the guilty phubber.

(4) \_\_\_\_\_

Doni : (5) \_\_\_\_\_ research states that spouses who phub each other experience higher rates of depression.

Lisa : (6) \_\_\_\_\_ phubbing causes depression?

Doni : Phubbing is a threat to four "fundamental needs" like belongingness, self-esteem, meaningful existence and control. When someone phubs you, you may feel rejected, excluded, and not important. That can have a significant impact on your mental health. (7) \_\_\_\_\_

Lisa : (8) \_\_\_\_\_ Diving into social media may actually make the problem worse. According to research, social media can make feelings of depression worse, and the more you use social media, the more likely you are to feel depression or anxiety.

Doni : Absolutely. We have to try to manage ourselves to stop phubbing and promote the action to all people around us.

Lisa : Perfect. You know that there are almost 160,230 people in Indonesia use smartphones. It means that phubbing can get really worse day by day if people are not aware of reducing it.