📖 Practice Reading Text (Single Block)

Today, shoppers **are running out of** food **at** home, so we **are going to** the local supermarket. We **look forward to** quiet weekends **at** home, so we **take** big **trolleys at** the entrance to **stock up on** groceries. First, we **walk to** the produce section to **look for** fresh food, and we **pick up a bunch of** bananas. When store assistants **talk to** us **at** the shelves, we **say**, **"I'm just browsing, thanks."** Next, we **put a carton of** milk, **a box of** cereal, **a jar of** honey, and **a bottle of** oil into our trolleys. In aisle four, we **grab a can of** cola, **a tin of** tuna, **a tub of** ice cream, and **a bar of** dark chocolate. At the bakery, we **buy a loaf of** fresh bread and **a slice of** cake, because making complex meals **is** not **my cup of tea**. If a brand is missing, floor workers **offer** a good **substitute**. We always **check use-by** dates **for** safety **on** fresh meat and **best-before** dates **on** dry food. We also **visit** the **short-dated stock** section **for** items **on markdown**, and we **compare unit pricing** with the **retail price** to find a real **discount** before we **check out at** the registers. Finally, friends **are grabbing a bite to eat at** a cafe **in** the afternoon.

📝 True or False Practice Questions

The "use-by date" tells you when fresh food is safe to eat, while the "best-before date" is about product quality.

A "markdown" is a price reduction usually given because stock is short-dated.

In the supermarket, you usually buy a "tub of milk" and a "carton of ice cream."

If a store has "run out of" an item, it means the item is available in large quantities on the shelf.

When you tell a store assistant, "I'm just browsing, thanks," it means you are looking around by yourself and don't need help right now.

"Unit pricing" shows the cost per standard weight or volume (like per 100g or per liter) so you can compare prices easily.

Meat products like chicken, turkey, and duck are categorized as "poultry."

If you say a type of food is "not my cup of tea," it means you are currently drinking coffee instead.

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