

Lesson 6

Beauty treatments

- Use of second conditionals to express hypothetical situations

- Speaking: describing before/after sequences and comparisons
- Writing: a letter of advice

Get Ready!

1. Look at the photos. Decide if you would be comfortable doing these things.



get a haircut



paint your body



wear make-up



get a piercing



have a massage



get a tattoo



have a facial



have cosmetic surgery

have a massage

get a tattoo

have a facial

have cosmetic surgery



Listen



3. Listen to five adverts. Which of the following parts of the body do you hear, and in which advert? Write the number of the adverts.

- They offer changes people can make to their...

- | | | | |
|---------|------------|-----------------|---------|
| ▪ skin | ▪ clothing | ▪ hair (colour) | ▪ nails |
| ▪ teeth | ▪ eyes | ▪ body (shape) | ▪ face |
| ▪ nose | ▪ mouth | ▪ hair (length) | ▪ feet |



4. Listen again. Which of the treatments in exercise 1 do you hear, and in which advert?

have a massage

get a tattoo

have a facial

have cosmetic surgery

get a haircut

paint your body

wear make-up

get a piercing

THE SECOND CONDITIONAL

El segundo condicional (Second Conditional) se utiliza para hablar de situaciones hipotéticas, imaginarias o poco probables en el presente o el futuro, y para expresar consejos, deseos o consecuencias de algo que no es real en este momento.

EJEMPLO: **If I had more money, I would get a facial treatment.** Si tuviera más dinero, me haría un tratamiento facial.

Estructura

If + pasado simple, + would + verbo en forma base

If + Past Simple, would + base verb

¿Cómo funciona?

En la cláusula con if, usamos el pasado simple, pero no habla del pasado. Se usa para indicar que la situación es hipotética o poco probable.

En la otra cláusula usamos would + verbo base para expresar el resultado imaginario.

Ejemplos

If I had more money, I would get a facial treatment.

Si tuviera más dinero, me haría un tratamiento facial.

If she were unhappy with her appearance, she would have cosmetic surgery.

5. Read the advice page. Then match the three problems to the advice below.

HomeBlogForums

If I were you ...

1. Hi, I'm Nadia. I'm a bit overweight. I've tried lots of different diets, I do sport, but I can't lose the weight. One of my friends told me about a clinic where they do liposuction. What do you think?

2. I'm Richard. I've never had a girlfriend. I think if I was more attractive, girls would notice me more. Last month, I got a piercing in my lip, but nothing has changed. I'm thinking of getting more piercings - maybe in my nose next time. Is that a good idea?

3. My name is Carlos. All my friends have got a tattoo this year. I don't really want a tattoo - they look painful - but I don't want to be the only person in the group without one. So I've chosen a tattoo, and I'm going to the tattoo parlour tomorrow. Is this a bad idea?

Replies:

☐



a. If I was in your situation, I would ask myself these questions first: Do I like the design? What does it represent? Will I still like it ten years from now? And why am I really doing it? If you can't answer those questions, then perhaps you're doing the wrong thing.

☐



b. In my opinion, getting cosmetic surgery like that at your age is a crazy idea. If I had the same problem, I wouldn't do it. Not everyone can be super slim. If you do sport and eat well, then you're healthy, and that's much more important.

☐



c. I wouldn't do things just to impress girls in your situation. Girls know when boys are trying to impress them and it often has the opposite effect. Just be yourself!

Reading Tip

Identify and think about the author's purpose or reason for writing. It will help you understand the text better.

Glossary

- | | |
|------------------------------------|---|
| ▪ overweight: <i>con sobrepeso</i> | ▪ tattoo parlour: <i>salón de tatuaje</i> |
| ▪ lip: <i>labio</i> | ▪ design: <i>diseño</i> |
| ▪ painful: <i>doloroso/a</i> | |

6. Answer the questions.

- What does Nadia look like?
- What does Richard look like?
- What is Carlos's situation?

He doesn't really want a tattoo, but all of his friends have one and he doesn't want to be different, so he's going to get one anyway.

He has a lip piercing.

She's overweight.

3. Match the Cause and Effect

Match the first part with the most logical ending.

- | | |
|--|---|
| 1. If I had severe acne... | A. ...I would avoid Botox. |
| 2. If I were afraid of needles... | B. ...I would visit a dermatologist. |
| 3. If my skin were very sensitive... | C. ...I would research the risks first. |
| 4. If cosmetic surgery were cheaper... | D. ...I wouldn't get fillers. |
| 5. If I wanted plastic surgery... | E. ...more people would consider it. |

Instructions: Read each sentence. Circle the correct meaning.

Example

If I had more money, I would get laser skin treatment.

- a) I have enough money and I'm getting the treatment.
✓ b) I don't have enough money now, but I imagine getting the treatment.
-

1. If Emma had wrinkles, she would try Botox.

- a) Emma has wrinkles.
b) Emma probably doesn't have wrinkles.
-

2. If Jake were worried about his hair loss, he would get a hair transplant.

- a) Jake isn't worried now.
b) Jake already had a transplant.
-

3. If my sister were unhappy with her nose, she would have rhinoplasty.

- a) She is probably happy with her nose.
b) She already had surgery.
-

4. If I were afraid of side effects, I wouldn't get fillers.

- a) I am not necessarily afraid now.
b) I already got fillers.
-

5. If people knew the risks, they would think twice before cosmetic surgery.

a) Many people don't know all the risks.

b) Everyone knows the risks.

True or False?

Read the statements.

Decide whether each conclusion is **True (T)** or **False (F)**.

Example

If Olivia were older, she would have anti-aging treatment.

→ Olivia is older.

False

If I had acne scars, I would try laser therapy.

→ I have acne scars.

If Tom cared more about his appearance, he would whiten his teeth.

→ Tom doesn't care much about his appearance.

If my friend were afraid of surgery, she wouldn't have liposuction.

→ She is probably not afraid of surgery.

If beauty treatments were completely safe, more people would try them.

→ Beauty treatments are not completely safe.

If celebrities talked more about complications, people would be more careful.

→ Celebrities don't always talk about complications.

Find Someone Who...

Survey Activity

Walk around the class. Ask your classmates the questions.

Write **Yes** or **No**.

Question

Yes/No Name

Would you get Botox if it were completely safe?

Would you have rhinoplasty if it were free?

Would you try laser treatment if you had acne scars?

Would you get lip fillers if everyone around you had them?

Would you have cosmetic surgery if it improved your confidence?