



Jane sometimes rides her bike

Adverbs of frequency

1. Match them up!

Match the words with the definitions.

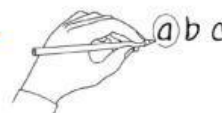
a shed	a metal object that you can use to make a noise
a helmet	the outside part of a wheel which has air inside
a bell	a small building outside, where you can put things
to check	a strong, hard hat that protects your head
a tyre	being safe, not being in danger
a spare	to suddenly break open or into pieces
to burst	to look at something to be sure it is OK or correct
safety	an extra thing that you can use if the first one doesn't work



2. Choose the answer!

Listen to the grammar chant. Circle the correct answer.

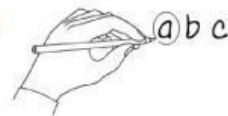
- a. Jane sometimes rides her _____ at night. scooter / bike / horse
- b. But always with a big bright _____. torch / light / helmet
- c. She never leaves the garden _____. swimming pool / sandpit / shed
- d. Without a _____ on her head. cap / hat / helmet
- e. She always has a big loud _____. bell / voice / dog
- f. And usually some _____ as well. gloves / hats / cats
- g. She always checks the _____ for air. seat / pedals / tyres
- h. And sometimes even _____ a spare. makes / takes / forgets





3. Choose the answer!

Circle the correct answer.



- a. I _____ tell my parents where I'm going every time I go out. **sometimes / always / usually**
- b. We _____ go to bed at 9 o'clock – every day except Fridays! **usually / sometimes / never**
- c. _____ tell anyone your passwords. It's a really bad idea. **Usually / Sometimes / Never**
- d. I hate fish so I _____ eat it. **always / never / usually**
- e. She _____ watches cartoons – only at the weekends. **always / sometimes / never**
- f. They _____ go to the seaside on holiday – most summers. **sometimes / never / usually**
- g. We _____ do our homework. Our teacher is very happy! **always / never / sometimes**
- h. I'm usually on time for school, but _____ I'm late! **always / usually / sometimes**

4. Write and draw!

What do you like doing? Write about things that you always, usually, sometimes or never do and draw a picture!