

PROGRESS TEST Units 1-2

- 1 Complete the paragraph by writing one word/phrase from the box in each gap. There are three extra words/phrases you do not need to use.

world	affects	although	as a result	effects	in fact	on the other hand
especially	percent	percentage	problem	so	therefore	trouble

We may think that different parts of the (0) world are becoming more and more similar, but culture shock is still a very common (1) problem for people who travel to another country. It (2) affects most travellers by making them anxious, homesick or uncomfortable in the new culture. (3) although most people eventually grow accustomed to the new country, the (4) percentage of culture shock can last for years.

It is likely that a lower (5) percentage of tourists suffer from culture shock than people going to work or study in a new country. Tourists tend to spend time with other tourists and stay in international hotels. (6) on the other hand, they do not live with the local population or have to cope with the culture.

Culture shock is (7) so strong for people going to work abroad. On the one hand, they have to deal with a difficult new working environment and (8) therefore they do not get the support which students or other overseas visitors receive. (9) in fact, nearly 30 (10) of overseas workers and their families find culture shock so hard to cope with that they return home early.

- 2 Complete the text by writing the words in brackets in the correct form.

Many aspects of city life, such as pollution, may be (0) harmful (harm) to our health and general well-being and most people find living and working in big cities (1) stressful (stress). They are (2) generally (general) in such a hurry that they do not eat well. Also, their exercise routine tends to be (3) irregular (regular) and there may be many days or weeks when they take no exercise at all.

However, studies show that it is extremely important to be (4) careful (care) about what you eat. A (5) healthy (health) diet should include plenty of fresh fruit and vegetables. On the other hand, you can put on weight (6) easily (ease) if you eat well but do not take exercise, so it is important to take a (7) reasonable (reason) amount of exercise every day to stay fit. Unfortunately, our routines often make it (8) inconvenient (convenient) or difficult to find time for regular exercise. When people start to take exercise, their feeling of well-being often increases (9) dramatically (dramatic) and they also benefit from an increased level of (10) fitness (fit).

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3 Complete the sentences with the correct form of the adjective or adverb in brackets.

- 0 The film was more interesting (interesting) than I expected.
- 1 If you study in the country where the language is spoken, you will learn to speak it (well) than if you stay at home.
- 2 My diet has improved because I eat (little) meat than I did in the past.
- 3 In my experience, rich people are not always (happy) than poor people.
- 4 Taking exercise outdoors is (enjoyable) than going to a gym.
- 5 They gave the prize to Saleem because he was the student in the class who had worked the (hard).
- 6 People won't understand you unless you speak (clearly) than you do now.
- 7 The distance from London to Bangkok is (far) than the distance to Moscow.
- 8 Pollution in my country is growing (bad), because nowadays there is more traffic and more industry.
- 9 In Australia, January is often the (hot) month of the year.
- 10 Brisbane had the second (high) rainfall in its history this year.

4 Choose the best alternative (A, B, or C) for each of these sentences.

- 0 There are not as A overseas students at the university this year as last year.
A many B much C little
- 1 This leaflet does not give very information about the city.
A many B much C little
- 2 In my view, there is a of ways in which the situation could be improved.
A great deal of B large amount C large number
- 3 Most foreigners have difficulty understanding our culture because of them manage to learn the language.
A few B little C a few
- 4 There are opportunities to study abroad when you are a student.
A a great deal of B plenty of C a large amount of
- 5 The schools have poor exam results because the government spends money on schools.
A any B few C little

5 Complete these sentences by writing a preposition (by, for, with, to, etc.) in each gap.

- 0 Culture shock is defined as the physical and emotional discomfort a person experiences when entering a culture different from their own.
- 1 Living abroad can give rise feelings of homesickness.
- 2 From my point view, people can learn a lot from going to live somewhere new.
- 3 After spending several months in the city, I became accustomed the way of life.
- 4 Attitudes organic food are changing.
- 5 Preparing food can take up a lot of time. the other hand, it can be enjoyable.