

Name: _____

Class: _____

Total: _____/30

Vocabulary

1 Complete the sentences with the words in the box. There are two extra words.

appetite	attack	breathe	cough
keep	throat	take	faint

- 0 I'm not hungry – I've lost my appetite.
- 1 I've felt awful since last week. I've had a sore _____ and runny nose.
- 2 Now _____ in and out for me.
- 3 Ear thermometers can _____ your temperature in seconds!
- 4 Have you got any ideas on how I can _____ fit?
- 5 Call an ambulance! I think he's having a heart _____!

/5

2 Complete the sentences with the correct form of the words in CAPITALS.

- 0 What can I use to purify the air in my home? PURE
- 1 The _____ of a new health centre has begun. CONSTRUCT
- 2 If someone you know needs help, you should be _____. SUPPORT
- 3 _____ protection is important if we want to save the planet. ENVIRONMENT
- 4 You need to make an _____ to see a doctor. APPOINT
- 5 We're all excited about the _____ of a water park in our town. CREATE

/5

Grammar

3 Complete the sentences with the correct form of the verbs in brackets. Use the Past Perfect or Past Simple.

- 0 He had lost (lose) a lot of weight before he went on holiday.
- 1 I didn't have to do my homework yesterday because I _____ (do) it before.
- 2 Before she _____ (go) to bed, she checked her phone for messages.
- 3 When Mary was at school today, she was very tired because she _____ (not sleep) well.
- 4 The physiotherapist pressed my shoulder and _____ (ask) me how it felt.
- 5 How many tennis matches _____ (you / lose) by the time you won your first?

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4 Complete the second sentence so that it has a similar meaning to the first.

- 0 'I am asthmatic,' Pascal said.
Pascal said that he was asthmatic.
- 1 'I don't know much about badminton,' he said.
He said that _____.
- 2 'I can drive you to the health centre,' my mum said.
My mum told me that _____.
- 3 'We've been to the swimming pool,' they said.
They said that _____.
- 4 'They didn't understand the results of the tests,' Ann told her friend.
Ann told her friend that _____.
- 5 'I'm waiting for the nurse,' he said.
He said that _____.

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Use of English

5 Choose the correct option, A, B or C to complete the text.

DEALING WITH STRESS

Everyone stresses ⁰ ___ when they're preparing for exams. So what's the best way to ¹ ___ through this difficult time? I went to see my doctor about this problem last year and we ² ___ it over. She told me I ³ ___ take breaks and do some exercise every hour. That was interesting because I ⁴ ___ about exercise before. But I tried it and she was right. I felt great after jogging and it really ⁵ ___ my anxiety. When I sat at my desk again, I was able to study with a clear head and I did extremely well in my exams.

- 0 ☒ A out B at C about
 1 ☐ A do B get C figure
 2 ☐ A spoke B discussed C talked
 3 ☐ A could take B can take C will take
 4 ☐ A didn't think
 ☐ B hadn't thought
 ☐ C haven't thought
 5 ☐ A reduced B dropped C fell

___/5

6 Choose the correct option.

- 0 X: When do you go to the gym?
 Y: The gym I go to is open twenty-four hours a day, so I can ___ at any time.
☒ A work out B figure out C pass out
- 1 X: Hello, John. What's the problem?
 Y: I've got a ___ in my shoulder.
☐ A sore B pain C hurt
- 2 X: Doctor, I've come out in spots.
 Y: I think you might be ___ something.
☐ A allergic to
☐ B at risk of
☐ C suffer from

- 3 X: Is Jack going to the health centre today?
 Y: Actually, he said he ___ the doctor.
☐ A has already seen
☐ B had already seen
☐ C already saw
- 4 X: What are you doing to stay healthy?
 Y: I've ___ yoga and I love it!
☐ A signed up
☐ B caught up
☐ C taken up
- 5 X: You look awful. What's wrong?
 Y: I ate too much and now I've got _____.
☐ A indigestion
☐ B sickness
☐ C symptoms

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