

1 VOCABULARY: Facing challenges

A Complete the sentences with the words in the box.

accept adapt resist survive tackle underestimate welcome

- 1 Law school students often underestimate the amount of homework they will get. It is usually more than they expected.
- 2 Marisol finally decided to _____ graduate school. She plans to start next year.
- 3 She didn't take the job because she couldn't _____ the low salary.
- 4 When Daniel moved from Boston to Phoenix, it took him a few months to _____ to the hot climate.
- 5 I did not think I would _____ my first year as a doctor because it was so difficult. Luckily, kind coworkers helped me get through it.
- 6 If you _____ making changes in your life, you won't grow or have new experiences.
- 7 My boss told me I was _____ to participate in the meeting.



B Match the challenges with the correct solution.

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|---|----------|-------------------------------------|
| 1 You can't take crowds. | <u>e</u> | a Study in Mexico. |
| 2 You're capable of managing people. | ___ | b Use a good map. |
| 3 You underestimated the amount of time you needed. | ___ | c Don't go to graduate school. |
| 4 You're frightened of getting lost. | ___ | d Look for training opportunities. |
| 5 You got through medical school. | ___ | e Don't move to a big city. |
| 6 You want to take a step forward in your career. | ___ | f You expect to earn a good salary. |
| 7 You can't get a grip on Spanish. | ___ | g You'll be a good boss. |
| 8 You can't cope with studying for a higher degree. | ___ | h Schedule more time for the task. |

2 GRAMMAR: Present habits

A Circle the correct answer to complete each sentence.

- 1 Ivan ___ friends easily. He'll meet a lot of new people when he moves.
 - a tends to making
 - b tends to make**
 - c is making
- 2 When I'm looking for a new job, ___ to as many companies as possible.
 - a I'm applying
 - b I applied**
 - c I apply

- 3 I ____ trying to learn new skills. I think that's the key to success.
- am constantly
 - tend to
 - constantly
- 4 When I take a difficult class, I ____ my professor for help at least once a week.
- am asking
 - always asking
 - ask
- 5 I ____ for different ways to stay healthy. Yesterday, I went to a new exercise class.
- always look
 - always looking
 - am always look
- 6 When ____ bored with my classes, I think about changing my major.
- feel
 - I'm feeling
 - I'm feel

B Complete the sentences using the correct form of the verbs in parentheses.

- I'm always wondering what my life will be like when I retire. (wonder, retire)
- When she's _____ stressed, she usually _____ her friend Stephan for support. (feel, call)
- He tends to _____ more after he _____ a new exercise routine. (eat, start)
- I often _____ about changing my career to something completely different. (think)
- He's always _____ his friends that they should travel if they ever _____ the chance. (tell, get)
- I tend to _____ very excited for people when they _____ they're getting married. (get, announce)
- He's always _____ for new opportunities to make money and will _____ all of his friends to support him. (look, ask)

3 GRAMMAR AND VOCABULARY

A Complete the sentences so that they are true for you.

- I tend to resist trying new kinds of food.
- I usually underestimate _____.
- I'm feeling encouraged by _____.
- I survive difficult times by _____.
- I'm always adapting to _____.
- I tend to accept _____.

B Write three more sentences with information that is true for you. Use *tend to*, *will*, and the present continuous.

