

Homework

 **5.04** | Listen to an interview about living a slow life. Number the topics (a–e) in the order you hear them.

- a** eating
- b** a tip for starting a slow life
- c** nature
- d** work
- e** free time



 5.04 | Listen again and choose the correct option (a–c) to complete the statements.

- 1 Jay says it's possible to have a slow life in a fast city by changing
 - a the job you do.
 - b the way you do things.
 - c the flat you live in.
- 2 Jay changed his working week by
 - a working from 8 a.m. to 6 p.m.
 - b working only four days a week.
 - c working from home.
- 3 In his free time, Jay began to
 - a switch off his phone.
 - b stop reading the news.
 - c spend more time online than before.
- 4 Once a week, Jay and his wife
 - a invite friends for dinner.
 - b talk about their day during dinner.
 - c eat dinner without speaking.
- 5 Jay looks at the trees around him when he
 - a walks to the shops.
 - b goes running.
 - c cycles to work.
- 6 Jay suggests that the presenter
 - a plans to do just a few things each day.
 - b wakes up earlier each morning.
 - c is nice to people she meets.

Choose the correct words to complete the sentences.

- 1 Jay says that apartments in New York are not cheap to **buy / rent**.
- 2 Jay ends work on a **Thursday / Friday**.
- 3 Jay thinks that time on social media is a **good / bad** use of time.
- 4 In the past, Jay ate his dinner in front of **his wife / the TV**.
- 5 Jay thinks that a list of **five / twenty** things to do each day is a bad idea.

 5.04 | Listen again and check.