



Worksheet 1

Name:	Grade: 7th	Date:
Objective: 02	Identificar palabras y frases clave, expresiones de uso frecuente, vocabulario temático, conectores (<i>first, second, next, finally, or, because, before, after, too when, while</i>), sonidos /z/, /s/ (<i>zoo/sad</i>), sonido inicial /h/ (<i>hot/hour</i>) ...	
Instrucciones:	Listen audio. Lee cada ítem y desarrolla según lo solicitado.	

Listen to the audio.

- I.** Listen to the conversation and choose the correct answer (A, B or C).
Write the answer in the white box. (10 pts)

1. What time does Daniel usually get up on school days? A. At 6:30 a.m. B. At 7:00 a.m. C. At 7:30 a.m. 	2. What does Emma usually have for breakfast? A. Yogurt, fruit and toast B. Cereal, milk and a banana C. Eggs, bread and juice
3. How does Emma usually go to school? A. She walks to school. B. She rides her bike. C. She takes the bus. 	4. Why does Daniel rarely eat fast food? A. Because it is very expensive. B. Because it contains too much fat and salt. C. Because his school does not sell it.

5. When does Daniel play basketball? A. On Mondays and Wednesdays B. On Tuesdays and Thursdays C. On Fridays and Saturdays	6. How often does Emma go swimming? A. Every day B. Once a week C. Twice a week
7. What does Emma do on Friday afternoons? A. She goes to the library. B. She visits her grandmother. C. She plays basketball.	8. Why does Daniel go to bed at ten o'clock? A. Because he gets bored at night. B. Because teenagers need enough sleep. C. Because he starts basketball practice early.
9. Where does Daniel do his homework on Tuesdays? A. At the school cafeteria. B. At the library. C. At the sports center.	10. What do Emma and her grandmother do first when they prepare fruit salad? A. They add yogurt. B. They cut the fruit. C. They wash the fruit.

II. Listen to the conversation again. Complete the instructions with the words from the box. (8pts)

Wash – cut – add – eat – First – Next – Then – Finally

- _____, Emma and her grandmother _____ the fruit.
- _____, they _____ the bananas and strawberries.
- _____, they _____ the yogurt.
- _____, they _____ the fruit salad.



III. Listen to the conversation again. Complete the sentences with the correct connector.(5pts)

Word Box

because – when – before – after that

1. Emma eats vegetables _____ they are good for her health.
2. Daniel takes the bus _____ it rains.
3. Daniel goes to bed at ten o'clock _____ teenagers need enough sleep.
4. _____ going to bed, Daniel brushes his teeth and reads a book.
5. Daniel's family goes to the market on Sundays. _____, they walk in the park.

IV Listen and repeat. Select the words that contain the sounds /z/, /s/ (10pts)

	Sound	A	B	C
1	/s/	salad	chicken	healthy
2	/s/	shower	school	lunch
3	/s/	sports	breakfast	water
4	/s/	yogurt	swimming	cheese
5	/s/	juice	vegetable	sister
6	/z/	plays	walks	lunch
7	/z/	healthy	runs	chicken
8	/z/	goes	eats	breakfast
9	/z/	walks	lives	water
10	/z/	chicken	sleeps	Fridays

IV. Listen to the conversation about Emma and Daniel. Circle the words you hear and choose the main topic.

Circle the Words You Hear (6pts)

1. vegetables – computer – fruit
2. water – soda – airplane
3. basketball – hospital – swimming
4. sleep – shopping mall – exercise
5. school – museum – cafeteria
6. homework – video game – healthy snacks



V. Match each expression with the correct category. (5pts)

Expressions Categories

- | | | |
|-------------------------------|--------------------------|----------------------|
| 1. Eat fruit and vegetables | ☐ | A. School |
| 2. Play basketball | ☐ | B. Healthy food |
| 3. Do homework at the library | ☐ | C. Rest |
| 4. Go to bed at ten o'clock | ☐ | D. Physical activity |
| 5. Drink enough water | ☐ | E. Hydration |

VI Listen to the text about Emma and Daniel. Choose the correct connector to complete each sentence. (8pts)

1. Daniel takes a shower, _____ he gets dressed. A. because B. then C. but 3. Daniel rides his bike to school, _____ he takes the bus when it rains. A. first B. but C. because	2. Emma eats vegetables _____ they are good for her health. A. Because B. finally C. before 4. _____, Emma and her grandmother wash the fruit. A. First B. Because C. But
5. They cut the bananas and strawberries. _____, they add the yogurt. A. However B. Next C. Because	6. _____, Emma and her grandmother eat the fruit salad. A. When B. But C. Finally
7. Daniel brushes his teeth _____ he goes to bed. A. before B. because C. however	8. Daniel's family buys fresh fruit and vegetables. _____, they walk in the park. A. Because B. After that C. But

VII. Answer the questions in complete sentences. Give your personal opinion. (3pts)

1. What is your opinion about Emma's and Daniel's healthy habits? Why?

2. Which healthy habits from the text do you practice in your daily life? (3pts)