My Daily Routine

Hello! My name is Tom. I am 12 years old. I get up at 6:30 every morning. First, I brush my teeth and wash my face. Then, I have breakfast with my family. I usually eat eggs, bread, and milk.

At 7:15, I walk to school with my sister. My favorite subjects are English and Science. I have lunch at school at 12:30.

After school, I go home and do my homework. Then, I play soccer with my friends for one hour. In the evening, I have dinner with my family, watch TV for 30 minutes, and read a book before I go to bed at 9:00.

I like my daily routine because it helps me stay healthy and organized.

1.- Multiple Choice Questions (Choose the correct answer.)

What time does Tom get up?

a) 6:00

b) 6:30

c) 7:15

d) 9:00

What does Tom eat for breakfast?

a) Pizza and juice

b) Rice and chicken

c) Eggs, bread, and milk

d) Fruit and cereal

What is Tom's favorite sport?

a) Basketball

b) Tennis

c) Swimming

d) Soccer

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Why does Tom like his daily routine?

a) Because it is easy.

b) Because he has many friends.

c) Because it helps him stay healthy and organized.

d) Because he likes homework.

2.- Write T (True) or F (False).

a.- _____ Tom goes to school by bus.

b.- _____ Tom reads a book before going to bed.

c.- _____ Tom has lunch at school.

3.- Match the activities with the correct time.

Activities	**Time**
A. Gets up	**1. 12:30**
B. Walks to school	**2. 6: 30**
C. Has lunch	**3. 7: 15**

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