



always



often



sometimes



never

always, often, sometimes and *never* go:

- before most verbs:
You *always take* your phone to school.
Lucy *often does* her homework in bed.
- after the verb *be*:
I *am sometimes* sad on Sunday evenings.
We *are never* hungry after breakfast.

1 Read the examples from the recording. Complete the table with the words in *purple*.

I like watching tennis and football, but I don't play them. I *never* do any sports.

I love taking photographs. I *always* have my camera with me.

I like using my computer. I *often* go on the internet.

I don't watch much TV. But I *sometimes* watch a music show.

			
a _____	b _____	c _____	d _____

2 Now choose the correct word to complete the sentence.

We put *always, often, sometimes* and *never* *before / after* most verbs.

3 Write the adverbs of frequency in the correct places. Use the symbols.

0 My brother sleeps until half past eleven.



My brother always sleeps until half past eleven.

1 My dad helps me with my science homework.



2 I play board games after school.



3 My friend sends me very long text messages.



4 I take my phone to school.



5 I go to judo club at the weekend.



ADVERBS OF FREQUENCY: ALWAYS, OFTEN, SOMETIMES, NEVER

1 Write the sentences with the adverbs in the right place.

0 Jack goes to concerts. (never)

Jack never goes to concerts.

1 Katia is sad at her dance class. (never)

2 We go to the movies on Monday evenings. (always)

3 I play tennis with my friends at the weekends. (sometimes)

4 They are at school from Monday to Friday. (always)

5 Joe likes making cakes. (often)

6 I take photos on holiday. (often)

2 How often do you do these things? Write sentences.

frequency	Part A	Part B	when
0 ☐	do	my homework	in the morning
1 ☒ ☒	go	on the internet	in the evening
2 ☐	play	tennis	on Thursday
3 ☒	watch	a TV show	in the afternoon
4 ☒ ☒	listen	to music	at the weekend
5 ☒ ☒ ☒	ride	my horse	on Sunday

0 *I never do my homework in the morning.*

1

2

3

4

5

4 Complete the sentences with *always*, *often*, *sometimes* or *never*.
Compare your answers with your partner.

- 1 I help my mum in the kitchen.
- 2 I listen to music in the morning.
- 3 I get up before 7 o'clock.
- 4 I do the washing-up at the weekend.
- 5 I remember my friends' birthdays.
- 6 I do my homework in bed.
- 7 I clean the bathroom.
- 8 I forget to clean my teeth at night.

