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Exercise 1: Reading

The Digital Life of Teenagers

Many teenagers use social media every day. They usually watch videos, chat with friends, and share photos. Most students also follow their favorite singers, athletes, and content creators online.

Emily is fifteen years old and lives in Mexico. She always checks her messages after school, but she never uses her phone during class. Her parents believe that school is the most important priority.

After finishing her homework, Emily often watches short educational videos. She sometimes learns new recipes, studies English, or watches science experiments. She thinks learning online is fun and useful.

Emily and her friends frequently talk about music, sports, and movies. They usually meet at the park on Saturdays. They also bring snacks, play games, and take many pictures together.

Emily believes that social media is a good tool when people use it responsibly. She always respects others online, answers messages politely, and never shares private information with strangers.

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Exercise 2: Reading Comprehension

Choose the correct answer.

1. What does Emily always do after school?
a) She watches television. b) She checks her messages.
c) She goes shopping.

2. Where does Emily live?
a) Canada b) Mexico c) Brazil

3. Why doesn't Emily use her phone during class?
a) Because her phone is broken. b) Because her parents believe school is the priority.
c) Because she forgets it at home.

4. What does Emily sometimes learn online?
a) Driving b) Cooking, English, and science c) Dancing

5. When do Emily and her friends usually meet?
a) On Fridays b) On Saturdays c) On Sundays

6. What do Emily and her friends bring to the park?
a) Homework b) Snacks c) Bicycles

7. Which topic do Emily and her friends frequently discuss?
a) Music b) Politics c) History

8. How does Emily answer her messages?
a) Rudely b) Politely c) Slowly

9. What does Emily never share online?
a) Her homework b) Private information with strangers c) Pictures of her dog

10. What is the main idea of the reading?
a) Teenagers should never use social media.
b) Social media can be useful if teenagers use it responsibly.
c) Teenagers only use social media to play games.

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Exercise 3:Complete the Dialogue

Instructions: Complete the conversation using the following verbs: accept • answer • arrive • ask • bring • buy • check • choose • clean • cook

Lucy: Hi, Tom! What time do you usually _____ (1) at school?

Tom: I _____ (2) at 7:20.

Lucy: Do you always _____ (3) your homework before class?

Tom: Yes, I do. Our teacher always _____ (4) it.

Lucy: What do you usually _____ (5) for lunch?

Tom: I usually _____ (6) sandwiches from the cafeteria.

Lucy: Do you _____ (7) your friends for help?

Tom: Yes, and they always _____ (8) my questions.

Lucy: What do you _____ (9) to school every day?

Tom: I _____ (10) my backpack, my books, and my laptop.



Exercise 4: Unscramble the Sentences

Instructions: Instructions: Put the words in the correct order.

- always / I / breakfast / eat / at / 7:00
-
- usually / buys / my / father / vegetables
-
- frequently / asks / our / teacher / questions
-
- never / they / arrive / late
-
- sometimes / Emma / bakes / cookies
-
- school / begins / at / 8:00 / our
-

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Exercise 5: Choose the Correct Answer

My mother _____ delicious cakes every weekend.
a) bake b) bakes c) baking

We ___ _____ our homework before dinner.
a) check b) checks c) checking

David _____ the bus at 7:00 every morning.
a) catch b) catches c) catching

My teacher _____ many interesting questions.
a) ask b) asks c) asking

They _____ new books every month.
a) buy b) buys c) buying

Sarah _____ English every day.
a) study b) studies c) studying

My father _____ the windows every Saturday.
a) clean b) cleans c) cleaning

We _____ dinner at home every night.
a) cook b) cooks c) cooking

The movie _____ at 8:00 p.m.
a) begin b) begins c) beginning

My sister _____ her friends after school.
a) call b) calls c) calling



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Exercise 6: Adverbs of Frequency

Instructions: Rewrite each sentence by placing the adverb of frequency in the correct position.

- I arrive late at school. (never)
-
- They cook dinner together. (usually)
-
- My brother cleans his room. (sometimes)
-
- We buy fruit on Sundays. (often)
-
- Sarah checks her email. (always)
-
- Tom answers the phone. (rarely)
-
- Our teacher asks questions. (frequently)
-
- My friends come to my house. (occasionally)
-
- We watch movies on Fridays. (generally)
-



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Exercise7: WH Questionsr

Instructions: Complete each question with the correct WH word.

What – Where – When – Who – Why – Which – How

- _____ do you arrive at school?
- _____ is your English teacher?
- _____ do you usually buy after school?
- _____ do you cook dinner?
- _____ book do you like?
- _____ do you study English?
- _____ do you come to school, by bus or by car?
- _____ do you clean your bedroom?
- _____ helps you with your homework?
- _____ do your classes begin?

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