English for children

Exercise 1: Reading and listening.

The Secret Behind a Viral Challenge

Last month, thousands of teenagers around the world joined a social media challenge that encouraged them to spend one weekend without using their phones. Before the challenge had begun, many participants had believed it would be easy, but they quickly discovered that it was much more difficult than they expected.

During the first day, many students realized they had become too dependent on technology. Some of them had forgotten how much they enjoyed reading books, playing sports, or simply talking face to face with their friends. Others said they had spent too many hours scrolling through videos every day.

By the second day, several participants had found new hobbies. Some had learned how to cook simple meals, while others had built small projects, painted pictures, or practiced musical instruments. They also had shared their experiences with their families instead of posting everything online.

Many teenagers explained that they had overcome their fear of missing important messages. They noticed that they had improved their communication skills because they listened more carefully during conversations. Their parents were surprised because the teenagers had shown more interest in family activities.

At the end of the weekend, most students agreed that they had gained something much more valuable than extra screen time. They had developed better habits, stronger friendships, and more confidence. Although they returned to using their phones, they promised to use them more responsibly.

The organizers later reported that the challenge had inspired thousands of schools to create similar activities. Teachers believed the project had helped students understand that technology is useful, but balance is even more important. Many participants said they wanted to repeat the experience with their friends in the future.

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EXERCISE2: Reading ComprehensionChoose the correct answer (A, B or C).

1. What was the purpose of the challenge?
A) To spend more time playing video games. B) To avoid using phones for one weekend.
C) To learn how to use new apps.

2. Before the challenge began, many teenagers believed...
A) it would be impossible. B) it would be expensive. C) it would be easy.

3. What did many students realize on the first day?
A) They had become dependent on technology. B) They wanted a new phone.
C) They disliked reading.

4. Which activity did some teenagers do during the weekend?
A) They traveled abroad. B) They learned to cook. C) They bought new phones.

5. What did many participants do instead of posting online?
A) They played video games. B) They shared experiences with their families.
C) They slept all day.

6. What fear did many teenagers overcome?
A) Speaking English. B) Missing important messages. C) Going to school.

7. Why did their communication improve?
A) Because they watched more videos. B) Because they listened more carefully.
C) Because they used more social media.

8. What did the students gain?
A) More followers. B) Better habits and confidence. C) New smartphones.

9. What did the organizers report?
A) The challenge had inspired many schools. B) The challenge had failed.
C) The challenge had ended after one day.

10. What is the main idea of the reading?
A) Social media should be banned. B) Technology is useful, but it should be used in balance. C) Teenagers should never use phones.

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EXERCISE 3:Complete the sentences

Instructions: Complete each sentence using the Past Perfect form of the verb in parentheses.

1. James _____ the invitation before his friends _____ him. (accept / call)
2. Sarah _____ first place because she _____ very hard. (achieve / train)
3. The teacher _____ us to enter because we _____ on time. (allow / arrive)
4. Daniel _____ all the questions before the class _____ . (answer / begin)
5. The rainbow _____ after the rain _____ . (appear / stop)
6. They _____ for hours before a problem _____ . (argue / arise)
7. We _____ at the station before the train _____ . (arrive / leave)
8. Margaret _____ several questions before the interview _____ . (ask / start)
9. I _____ early because my alarm _____ loudly. (awake / ring)
10. My grandmother _____ a cake before the guests _____ . (bake / come)

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Exercise 4 –Exercise 2. Choose the correct answer

Before the game started, the team _____ the strategy.
A) had discussed B) discussed C) discusses

She _____ the heavy box before it fell.
A) had borne B) has bear C) had bear

The player _____ the old record before everyone celebrated.
A) had beaten B) beated C) has beaten

The shy boy _____ more confident after he joined the club.
A) had become B) become C) becoming

We _____ the project before the deadline.
A) had begun B) begin C) begun

I _____ his story because he always told the truth.
A) had believed B) believing C) believe

The metal _____ after the accident.
A) had bent B) bend C) had bend

They _____ all their money before the trip ended.
A) had bet B) betting C) had bets

The company _____ for the contract before another business won it.
A) had bid B) bidding C) has bid

The dog _____ the rope before it escaped.
A) had bitten B) bite C) biting

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