

POSITIVE ATTITUDE

HAPPINESS

1) Une

If you smile
If you study
If you sleep well
If you help people

you will have energy.
they will appreciate you
you will feel happier.
you will learn more.

2) Completa con los verbos que hay debajo

feel , improve, think, study, help, have, sleep

1. If you ____ positively, you will ____ happier.
2. If you ____ every day, you will ____.
3. If you ____ eight hours, you will ____ more energy.

3) Ordena las palabras para armar oraciones

1. If / smile / you / happier / will / feel / you
2. If / study / English / you / will / improve
3. If / help / others / you / they / will / help / you

4) Elegí la mejor opción

Emma has an important exam tomorrow	Tom feels sad.
<input type="radio"/> If she studies, she will learn more. <input type="radio"/> If she watches TV all night, she will learn more.	<input type="radio"/> If he talks to a friend, he will feel better. <input type="radio"/> If he ignores everyone, he will feel better.

5) Lee sobre la semana de Sonia y realiza las actividades

Sofia has many exams. Sometimes she feels nervous. She decides to study every afternoon. She also sleeps eight hours every night. She talks to her friends when she feels stressed. At the end of the week, she feels much better.

¿Cuáles son sus Buenos hábitos?

- studies
- sleeps well
- talks to friends
- never studies



2. Completa.

If Sonia studies, _____

If she sleeps well, _____

