ARTICLES IN ENGLISH
HEALTHY HABITS

Complete each sentence with "a", "an", or "the".

1. I drink _____ glass of water every morning after I wake up.
2. She eats _____ apple as a healthy snack at school.
3. We go for _____ walk in the park after dinner.
4. He brushes his teeth with _____ toothbrush twice a day.
5. I try to sleep in _____ dark room without my phone.
6. They take _____ shower after doing exercise.
7. She drinks _____ cup of tea before going to bed.
8. I eat _____ banana before I go to the gym.
9. He follows _____ healthy diet with vegetables and fruit.
10. We do _____ exercise class every Tuesday morning.
11. She reads _____ book about healthy eating.
12. I go to _____ gym near my house.
13. He eats _____ egg for breakfast every day.
14. We drink _____ lot of water during the day.
15. She takes _____ short break after studying.
16. I wash my hands with _____ soap before cooking.
17. He goes to bed at _____ same time every night.
18. They eat _____ healthy lunch at school canteen.
19. I drink _____ glass of milk before sleeping.
20. She does yoga in _____ morning before work.



LIVEWORKSHEETS