

6 Creative eating

VOCABULARY Food and drink: phrasal verbs

1 Choose a verb from A and prepositions from B to make phrasal verbs, then write them by their meanings.

A

cut cut eat eat
fill go heat live

B

down on off on out
out up up up

- 1 : become full and unable to eat more
- 2 : eat or drink less of something
- 3 : stop eating or drinking something
- 4 : eat in a restaurant
- 5 : only eat a particular type of food
- 6 : eat all the food you have been given
- 7 : make food hot so it can be eaten
- 8 : stop being good to eat because it is too old

2 Complete the sentences with the phrasal verbs from exercise 1.

- 1 We don't much because restaurants are expensive in this town.
- 2 My doctor told me to the amount of red meat I eat.
- 3 You can't have any pudding unless you everything on your plate, Charlie!
- 4 I don't want to cook, so I'll just something in the microwave.
- 5 If you haven't had enough at the end of a meal, you can always with some fruit.
- 6 I have tea and coffee completely and I'm sleeping much better now.
- 7 If you don't drink that milk soon, it will
- 8 We more or less rice and potatoes at home – it's a bit boring, to be honest.

3 Write sentences, using the words given. Add the correct preposition to each one and put the verb(s) in the correct tense.

- 0 Mum and Dad / eat / together / once a month.
Mum and Dad eat out together once a month.
- 1 I / heat / some milk / for / hot chocolate / right now.
.....
- 2 This meat / go / it / smell / dreadful.
.....
- 3 You / must / eat / all / your vegetables, Annie!
.....
- 4 No more for me, thanks. / That pie / fill / me!
.....
- 5 My sister / cut / chocolate / from her diet last month.
.....
- 6 Luke's brother / almost / live / meat and potatoes.
.....

READING

1 Look at the photos on page 25. Which foods are healthy and which are unhealthy? Add some more to the table.

Healthy	Unhealthy

2 Do you eat healthily? Tick (✓) the advice you follow. Can you think of any other tips for healthy eating?

- 1 Choose the healthy option.
- 2 Eat five portions of fruit and vegetables per day.
- 3 Know what you're eating.
- 4 Avoid unhealthy snacks between meals.
- 5 Take your time when you eat.
- 6 Don't miss breakfast.
- 7 Focus on your food.
- 8 Drink plenty of clear liquids.

3 Read the text on page 25 quickly. Match the advice from exercise 2 to each paragraph.

GRAMMAR Present perfect and past simple

1 Choose the correct answers.

- 1 I *read* / *'ve read* over 12 books since the start of this year.
- 2 Let's go to a restaurant tonight – we *didn't eat* / *haven't eaten* out for weeks.
- 3 What *did you cook* / *have you cooked* for dinner last night?
- 4 Daniel *went* / *has gone* for a run and he isn't back yet.
- 5 I'm not hungry because I *just have* / *'ve just had* a big lunch.
- 6 She still *didn't find* / *hasn't found* the recipe she's looking for.
- 7 We *often helped* / *have often helped* in the kitchen when we were children.
- 8 *Did you finish* / *Have you finished* your maths homework yet?

2 Complete the conversations with questions in the present perfect or past simple.

- 0 A: How long / you / be / a chef?

 B: It'll be two years next month.
- 1 A: What time / you / eat / lunch?

 B: One o'clock.
- 2 A: you / try / the new café / yet?

 B: No, not yet.
- 3 A: you / enjoy / the meal?

 B: Yes, it was great.
- 4 A: How many / cups of coffee / you / have / today?

 B: Let me think – four! That's too many!
- 5 A: Where / you / find / your mobile?

 B: In my bag. It was there all the time.
- 6 A: How / the weather / be / recently?

 B: Awful, I'm afraid.
- 7 A: you / see / this TV show / before?

 B: Yes, several times.
- 8 A: James / call you / yesterday evening?

 B: Yes, but I couldn't speak to him.

3 Complete the email with the verbs in brackets in the correct form.

Dear Barry

Thank you so much for the international recipe book that you
¹ (give) me for my birthday last week. I ² (already / use) it three times! All the meals I ³ (make) so far have been delicious.

Last night I ⁴ (cook) a Japanese dish and tomorrow I'm going to try an Ethiopian recipe. Nobody in my family
⁵ (ever / eat) Ethiopian food before, so they are all looking forward to it.

⁶ (you / try) it before?
⁷ (you / enjoy) it?

See you soon!

Tina

4 Complete the conversation with the verbs in brackets in the correct form.

- A: ¹ (you / see) that new burger place in the shopping mall?
 B: Yes, I have. I know it well.
- A: How long ² (be) there?
 B: I think it ³ (be) open for about a month. That's right, it ⁴ (open) just before I ⁵ (go) on holiday last month.
- A: ⁶ (you / try) it yet?
 B: Well, I ⁷ (eat) there once, and Jane and I ⁸ (already / spend) a few hours in there with drinks – the atmosphere's quite good, but the burger I ⁹ (have) there ¹⁰ (not be) great.
- A: Oh, OK. Maybe I'll try it.

5 Correct the mistakes in these sentences or put a tick (✓) by any you think are correct.

- 1 I realise how tired you must be after the long journey you had.
- 2 How has modern technology changed your daily life?
- 3 I have worked on a farm in Turkey last summer.
- 4 In my opinion this is one of the best movies I've ever seen and it was already nominated for several awards.
- 5 I have been very disappointed when I read your advertisement.
- 6 He is the greatest person I know because he is always there for his family and still achieved a lot in his career.

VOCABULARY Forming adverbs

1 Write the adverb formed from the adjective.

- 1 accidental
- 2 basic
- 3 beautiful
- 4 brave
- 5 complete
- 6 considerable
- 7 enthusiastic
- 8 extreme
- 9 happy
- 10 incredible
- 11 necessary
- 12 physical
- 13 terrible
- 14 typical

2 Match some of the adverbs in exercise 1 to these meanings.

- 1 in a pleased way
- 2 in a way that shows all the characteristics expected from a person, thing or group
- 3 by chance or mistake
- 4 very badly
- 5 in a very interested and eager way
- 6 in a way that is very attractive
- 7 in every way or as much as possible
- 8 in a way that relates to the body or someone's appearance
- 9 in a way that shows no fear of danger
- 10 used in negatives to mean *in every case* or *therefore*

LISTENING

1 Listen to four short recordings. Where do they take place? Match them to the pictures. (Be careful!)

1 2 3 4

2 Listen to the recordings again and choose the correct answers.

- 1 The girl buys bananas and
a apples. b oranges.
- 2 The girl says that her first day at her new job was
a frightening. b tiring.
- 3 The reviewer thought the book
a would be better with pictures.
b was bit disappointing.
- 4 The boy knew about the café because
a he had read about it.
b a friend had told him.

3 Look at the conversation below. Try to fill in the gaps.

Tonia: It's my birthday next month, and I want to invite a few friends out for a meal. My parents are paying!

1
any good restaurants?

Marco: I know a few. What kind of food do you want?

Tonia: I haven't really thought about it. Something that everyone will like.

Marco: 2 asking your friends what they like first?

Tonia: That sounds

3

Marco: Or you could just go to a pizza restaurant. Everybody likes pizza.

Tonia: That's an even better idea! We'll go to Pizza Box.

Marco: Hmm. 4
of Pizza Box. It's expensive and the service isn't very good. And

5
going to Balotelli's – that's even worse.

Tonia: Well, 6
good pizza places?

Marco: Hmm, 7
Mario's. The pizzas are great, the service is good and it's not too expensive.

Tonia: That 8
– thanks!

Marco: Oh, by the way, am I invited?

Tonia: Of course!

4 Now listen to the conversation and check your answers.

