DO YOU EXERCISE EVERY DAY?

A Listen to the conversations. Number the pictures from 1 to 4.






B Listen again. Check (✓) True or False.

1.	**True**	**False**
1. The man goes on his own.	☐	☐
2. He doesn't lift weights.	☐	☐
3. It's crowded there on weekends.	☐	☐

2.	**True**	**False**
1. She plays three times a week.	☐	☐
2. The woman plays at a club.	☐	☐
3. She has lessons with a coach.	☐	☐

3.	**True**	**False**
1. The man does it on weekends.	☐	☐
2. He does it in the afternoons.	☐	☐
3. It makes him very hungry.	☐	☐

4.	**True**	**False**
1. The woman plays twice a week.	☐	☐
2. The players are from her office.	☐	☐
3. Her team is not very good.	☐	☐

C How good is each activity at helping you stay fit? Complete the chart. Drag and drop the options.

aerobics	basketball	bowling	jogging	swimming	volleyball
baseball	bicycling	golf	soccer	tennis	yoga

Excellent	**Good**	**So-so**

LIVEWORKSHEETS