



SCIENCE TEST

7th Grade – III Partial



Student's Name: _____

Teacher's Name: Mr. Gutierrez Score: _____

School Year: 2020 – 2021 Points: **35%**

Topics: Digest the best, Activity for a healthy life,
Outward appearance and Diseases.

Date: _____

Teacher Comment:

PART I. TRUE OR FALSE

10 pts. (1 pt. each)

INSTRUCTIONS: Write in the parenthesis a **T** if the statement is true and an **F** if it is false. **If the answer is false, justify your answer by filling in the blank.**

1. **The human body** needs food to survive.....
2. **Carbohydrates**, sugars and starch, are an important source of energy for the body.....
3. **Starch** is called a polysaccharide.....
4. **Protein** is another required nutrient
5. **Aerobic activities** are physical activities that increase your heart rate and breathing rate..
6. **Physical activity** have both physical and mental benefits.....
7. **The human body** cannot function without sleep.....
8. Your **appearance** does not affect your life
9. **A disease** is any condition that interferes homeostasis.....
10. **Viruses** are the tiniest pathogens.....

PART II. MATCHING

7 pts. (1 pt. each)

Instructions: Match the words on column A that best matches the sentences on column B.

COLUMN A

1. Cooldowns
2. Malnutrition
3. Food
4. Vitamins
5. Fiber
6. Sugars
7. The digestive system

COLUMN B

- Breaks down and absorbs nutrients from food.
- That you may eat include glucose, lactose.
- Is a polysaccharide, similar to starch.
- Are nutrients.
- Is necessary for life, but water is even more important.
- Is a lack of proper nutrition.
- You should take 5 to 10 minutes to.

PART III. MULTIPLE CHOICE

10 pts. (1pt. each)

Instructions: Circle the word that best matches each statement.

1. _____ can make you stronger by enlarging your muscles. (1 pt.)
a) Physical activity b) mental c) A and B are correct.
2. The dermis contains _____ (1 pt.)
a) sugar b) fiber c) sweat glands
3. When many of the glands become infected, the condition is called _____ (1pt.)
a) appearance b) acne c) nutrients
- 4) A protein that also gives nails their strength and hardness. (1pt.)
a) keratin b) acne c) sugar
- 5) Diseases can also spread through: _____(1pt.)
a) acne b) vectors c) none
- 6) _____ is a substance that simulates a pathogen. (1pt.)
a) Fiber b) Vaccine c) protein
- 7) One well-known infectious disease is the _____. (1pt.)
a) Common cold b) Viruses c) none
- 8) The most common diseases affecting the immune system. (1pt.)
a) cold b) allergies c) viruses

9) The leading cause of death in the United States is. (1pt.)

a) virus

b) cold

c) cardiovascular disease

10) Which can attack any part of the body? (1pt.)

a) acne

b) cancer

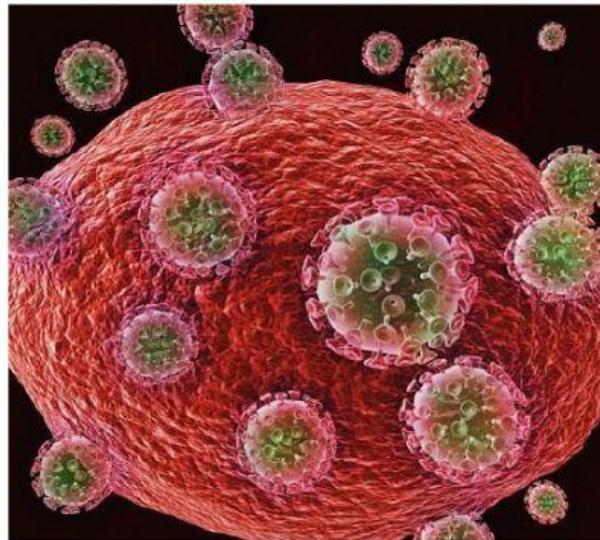
c) A and B are correct

PART V. PRACTICE

8 pts. (2 pt. each)

INSTRUCTIONS: Complete the diagram writing the **LIFE CYCLE** of a typical virus.

VIRUS



Don't limit your challenges, challenge your limits.

Mr. Gutierrez