

Montfort Educational Centre - Vocabulary - XE



Sports



1. Put these words in the correct column:

ice hockey	martial arts	surfing	hiking	snowboarding	
sailing	baseball	gymnastics	football	snorkeling	
skateboarding		climbing	badminton	athletics	rugby
jogging	squash	judo	running	volleyball	cycling

Go	Play	Do

2. Complete the sentences with words from boxes A and B. Some words are used more than once.

A: a track a pitch a court
a course

B: a bat a stick a racket
clubs

- Golf is played with _____ on _____.
- You play squash on _____ with _____.
- Cricket is played with _____ on _____.
- Tennis is played on _____ and you need _____.
- You play hockey on _____ using _____.

"Doing ordinary things in an extraordinary way"

27

Montfort Educational Centre - Vocabulary - XE

3. Look at these verbs of movement. Which are fast and which are slow?

wander	stroll	crawl	rush	sprint	dash	creep	walk	stride	run
--------	--------	-------	------	--------	------	-------	------	--------	-----

Fast	Slow

4. Who or what moves in this way? Complete the table with the verbs above.
Some subjects match more than one verb:

An athlete		Traffic	
A tourist		A burglar	
A baby		Someone late for work	

5. Use one of the verbs above to complete the sentences. There may be more than one correct answer:

1. She _____ through the park, admiring the flowers.
2. He had only five minutes to catch the bus, so he _____ into the house, grabbed his coat and _____ out again.
3. Jack was a fast walker and he was soon _____ ahead of me.
4. The athlete _____ to the finishing line and broke all records.
5. The criminal _____ into the house, trying not to make the family.
6. _____ is a good form of exercise for anyone of any age.
7. Anna saw the bus in the distance and _____ to the bus stop.

"Doing ordinary things in an extraordinary way"

28

Montfort Educational Centre - Vocabulary - XE

6. TRUE or FALSE? Correct the sentences if they are wrong:

1. Footballers wear boots on their feet.
2. Baseball is played with a stick.
3. Skateboarders usually use a ramp.
4. Tennis is played on a clay or grass court, you need to use a racket.
5. You play hockey on a track using a stick.
6. You play squash on a court with a bat.
7. Golf is played with clubs on a court.
8. You go skating at a pitch and take your skates with you



Idioms

1. Look at these sentences which contain idioms with run. Try to answer these questions without using the dictionary.

1. Did you even **run wild** when you were a child? Did your parents tried to stop you?
2. Do you usually eat breakfast **on the run**? Or do you prefer to sit down and eat at a table?
3. Have you spent many hours **running round in circles** recently? Did you have a lot to do? Do you get very tired?
4. Do feelings **run high** in you when your favourite team is playing in a big international sports match?
5. Do you **run yourself into the ground** when you're studying for an important exam? Do you get very tired?
6. Is there a particular talent which **runs in your family**?

2. Now match each idioms to one of the explanations:

- | | |
|-------------------------------|--|
| 1. Run in the family | People are very excited |
| 2. Run round in circles | Behave in an uncontrolled way |
| 3. Run yourself in the ground | Be very active without succeeding too much |
| 4. People's feelings run high | Do sth without stopping what you are already doing |
| 5. Run wild | Make yourself tired by working so much |
| 6. Do something on the run | Go from one generation to the next |

"Doing ordinary things in an extraordinary way"

29

Montfort Educational Centre - Vocabulary - XE

3. Write the verbs of the box into their correct form:

wearing	play	perform	match	let off
hold	gather round	dress up	celebrate	commemorate

1. Bands _____ dance music all night long.
2. Crowds _____ street performers.
3. People from this town go out in the streets _____ disguises.
4. In many parts of this country, it is usual that residents _____ street parties.
5. As a tradition, people _____ through the town in a spectacular parade to _____ a famous battle.
6. In mum's region, people _____ in traditional costumes and they _____ one of their traditional dances.
7. We hold a festival every June to _____ our victory at the battle.
8. During our Saturday parties, we _____ fireworks.



Phrasal Verbs

1. Choose the correct phrasal verb in these sentences:

1. If you are busy, you are always running **down/around**.
2. When children not behave well, their parents run **against/out** of patience.
3. If you want someone to explain something to you, you ask them to run **out of/through** the details with you.
4. When you meet someone unexpectedly in the street, you run **across/over** them.
5. If you encounter a problem, you run up **against/through** it.
6. If you criticise people, you **run them down/run over them**.

"Doing ordinary things in an extraordinary way"

30



Verb Collocations

1. Complete these sentences by writing an appropriate verb in the correct form in the gaps:

1. The majority are _____ in the mountains or deserts.
2. Adventure racing is a sport you _____ in teams.
3. The races are _____ in all sorts of different places.
4. Many people who are at the top of their sport in other fields are now _____ because they find that, rather than _____ as individuals, they need to work as a team.

2. Use the table of collocations to complete these sentences. In some cases, more than one answer may be possible.

1. People who enjoy team sports often _____ soccer or basketball, whereas people who enjoy individual sports _____ windsurfing or _____ golf.
2. I would encourage people to _____ swimming at least two times a week because I think it's an excellent way of _____ exercise.
3. I think local governments should _____ competitions for schools in their area where any student over sixteen years old can participate.

Verb	Sport
Hold/ organise/ compete in/ enter/ take part in	A race/ a competition/ a championship/ a tournament
Do/ take	Exercise
Go *	Jogging/ cycling/ skiing/ windsurfing/ swimming
Play**	Football/ basketball/ golf
Do***	Sports/ judo/ athletics/ weightlifting

3. Circle the correct word:

1. Alice has been **doing/going** climbing every weekend for the last year.
2. Shall we **watch/see** the soccer match this evening?
3. The crowd was cheering so loudly I couldn't **listen/hear** the ambulance coming.
4. People who enjoy **playing/doing** karate must be very fit.
5. I didn't realise so many people were **watching/looking** me when my car crashed.
6. What kind of sports do you enjoy **playing/doing**?

"Doing ordinary things in an extraordinary way"



Music

1. Find the correct definitions:

1. A person who writes music:
2. A collection of songs on a CD:
3. A combination of voices singing together in tune:
4. A song sung by two people:
5. Music that is easy to remember:
6. People who like a particular singer or group:
7. Familiar songs that everyone likes:
8. The special way someone does something:
9. A recording of a song previously done by another singer or group:
10. A musical group:
11. The words written on a song:

2. Use the words from the previous exercise to complete this review:

The new 1 _____ from Ephimer is a real treat for all
2 _____ of this young garage rock band.

It features a few 4 _____ that everyone will know, but it also has
some outstanding new tracks with very moving 5 _____
written by the leading guitarist: Leo Grant.

Some of these songs are performed as 6 _____ by the old
members of the band.

3. Complete the gaps to form words related to music:

1. A musical play in which words are sung: _ _ _ _ _
2. A string instrument popular in rock bands: _ _ _ _ _
3. A large instrument with black and white keys: _ _ _ _ _
4. You find the top 20 hits here: _ _ _ _ _
5. A person who writes music: _ _ _ _ _
6. A large classical string instrument: _ _ _ _ _
7. The musical performance is usually held in a hall: _ _ _ _ _
8. Another word for a band: _ _ _ _ _
9. A wind instrument often used to play jazz: _ _ _ _ _

"Doing ordinary things in an extraordinary way"

Montfort Educational Centre - Vocabulary - XE

4. Complete the text with the words from the box:

hissed	grunted	bang	hum	crash	howl
	barking	creaking	whistling		

Something had woken me yesterday. I could hear a dog 1 _____ and the continuous 2 _____ of the traffic on the motorway. I heard it again. It was the sound of someone 3 _____ softly outside the window, trying to catch my attention. There was a sudden 4 _____ as a ladder hit the wall. I heard the 5 _____ of footsteps on the rungs as someone came up. "Are you awake?" a voice 6 _____ urgently.

"Well, I'm now". I 7 _____, grumpily. I knew exactly who it was.

Suddenly there was a loud 8 _____ and a 9 _____ of pain as my big brother hit the bushes below.



*Look, see, watch, listen
and hear*

1. Complete the gaps by writing look, see, watch, listen and hear in the correct form in the gaps:

1. I _____ to your instructions through an earphone.
2. I spend my life _____ people doing different sports.
3. Everything was really quiet, except when she raised her voice to shout at other flyers to keep away from me. And then you really _____ her!
4. Abby was _____ down the course, planning her next shot or something, when she _____ those paragliders floating down.

2. Circle the correct word in *italics* in these sentences:

1. Sarah looks so relaxed when she is *listening to/hearing to* her favourite music.
2. I really enjoy *looking at/watching* mystery films.
3. I was in my bedroom, so I didn't *listen to/hear* the telephone when it rang.
4. Did you *watch/see* Machu Picchu when you were in Peru?

"Doing ordinary things in an extraordinary way"

33

Montfort Educational Centre - Vocabulary - XE

5. Were you **looking at/watching** our holiday photos?
6. Jerry knew the policemen was **watching/looking** what he did.
7. I **looked at/watched** my watch and saw it was time to leave.
8. We live near an avenue and can **listen to/hear** the traffic non-stop.



Phrasal verbs and expressions with take

1. Complete the sentences using the correct form of one of the expressions:

take someone's place
take a risk

take up to
take part in

take exercise
take turns

1. We decided to _____ and go on sailing even though there was a terrible storm.
2. Everyone is welcome to _____ the race.
3. There weren't enough rackets for everyone so we had to _____ playing.
4. A professional match can _____ four hours to complete.
5. I was injured so Charlie _____ on the team and played in the final instead.
6. If you don't _____ when you're young, your health may suffer when you're older.

2. Match the phrasal verbs to their definitions:

Take away

To be similar to a member of your family

Take something on

To remove

Take off

To be a success, become established

Take after

To start a new hobby or activity

Take to something

To be good at or enjoy something new

Take something up

To accept new challenges or responsibilities

"Doing ordinary things in an extraordinary way"

34

Montfort Educational Centre - Vocabulary - XE

3. Now complete each sentence with the correct phrasal verb:

1. You take _____ your father: you have his beautiful blue eyes.
2. I've been asked to take _____ the role of captain of the soccer team next year!
3. My sister's career as an underwater photographer has really taken _____. Her photos are always in different magazines.
4. I think he should take _____ a new challenge.
5. The injured basketball player was taken _____ by ambulance.
6. I didn't think I'd enjoy it much better but I really took _____ rugby. It wasn't as difficult as I expected.



More Idioms

1. Match the beginnings of the sentences with their endings:

1. I was going to buy Elizabeth a ring for her birthday
2. We left early in the morning
3. Bianca doesn't want to take a long haul flight
4. At first I didn't want to go clubbing with them
5. Everyone laughed at his idea of selling batteries

- A. but it turned out **to be a winner**.
- B. but my sister **beat it to me**.
- C. but **we still didn't manage to beat the rush**.
- D. but **if you can't beat them, join them**.
- E. but I think **we can win her round**.

"Doing ordinary things in an extraordinary way"