

Listening for Academic Reading Skills

Identifying Main Ideas, Supporting Details, Contrast, Inference, and Purpose

Choose the correct option.

1. What is the main idea of the radio program?

- a. Music is the best type of therapy for people with disabilities.
- b. Different forms of art can improve people's emotional, social, and psychological well-being.
- c. Teenagers usually refuse to talk to psychologists.
- d. Nursing homes should offer more art classes.

2. Why does the speaker describe three different therapists?

- a. To compare their salaries.
- b. To criticize hospitals and schools.
- c. To show that music is more effective than drama.
- d. To explain different ways the arts can be used as therapy.

3. Which detail supports the idea that music therapy improves social interaction?

- a. Music changes body chemistry.
- b. Patients learn to play musical instruments
- c. Patients sing and dance together.
- d. Music is loud and energetic.

4. Which example supports the idea that drama therapy helps teenagers express their feelings?

- a. They act out situations similar to their own experiences.
- b. They perform in front of large audiences.
- c. They write stories about their lives.
- d. They learn professional acting skills.

5. Which sentence is an example rather than a main idea?

- a. Art therapy has positive emotional effects.
- b. The arts can be used in different therapeutic situations.

- c. Some elderly participants enjoy socializing while discussing their artwork.
- d. Different art forms help people express emotions.

6. Which statement shows a contrast?

- a. Music can change the way people feel, while dance can improve physical movement.
- b. Many patients have emotional problems, but some therapists prefer working in schools instead of hospitals
- c. Although some elderly people enjoy painting, others prefer listening to music.
- d. Some teenagers find role-playing painful, but many feel relieved afterward.

7. Why does the reporter include the interview with the art therapist?

- a. To compare art therapy with music therapy.
- b. To explain how people become art therapists.
- c. To show that older adults enjoy painting more than other activities.
- d. To present another example of how the arts can be used as therapy.

8. Which idea can be inferred from the program?

- a. People may benefit from different forms of art depending on their needs.
- b. Therapy through the arts is more effective than medical treatment.
- c. Only professional artists can successfully use art as therapy.
- d. Schools should include daily art therapy classes for every student.

9. Which sentence best summarizes the conclusion of the program?

- a. Hospitals should use music and drama more often.
- b. Teenagers benefit from role-playing because they can express their feelings.
- c. Next week's program will focus on helping students improve their school performance.
- d. Different forms of art can support people's emotional and social well-being in different ways.

10. What is the main purpose of the radio program?

- a. To encourage people to become art therapists.
- b. To explain how different forms of art are used to help people in therapeutic settings.

- c. To compare the work of three professional therapists.
- d. To entertain listeners with inspiring personal stories.