

## LANGUAGE IN ACTION

*should, shouldn't and ought to*

- 1 Look at the photos. Complete the sentences with *should* or *shouldn't* and the correct verb.



- 1 You should eat enough fruit.
- 2 You \_\_\_\_\_ too much coffee.
- 3 You \_\_\_\_\_ too much chocolate.
- 4 You \_\_\_\_\_ enough fish.
- 5 You \_\_\_\_\_ too many sweet drinks.
- 6 You \_\_\_\_\_ enough vegetables.

- 2 Complete the sentences with *should*, *shouldn't* or *ought*.

- 1 If you're always late for class, you should get up earlier.
- 2 People who can't get up \_\_\_\_\_ go to bed so late.
- 3 Ilona can't relax: I think she \_\_\_\_\_ to do yoga.
- 4 Our teacher said we \_\_\_\_\_ to eat our lunch outside because it's hot today.
- 5 You \_\_\_\_\_ give chocolate to dogs – it's bad for them.
- 6 We \_\_\_\_\_ eat more tofu because it's full of protein.

- 3 Underline and correct one mistake in each sentence.

- 1 You don't look well; perhaps you shouldn't see a doctor. should
- 2 Our fridge is empty so we ought go to the shops. \_\_\_\_\_
- 3 You should worry so much about your exams. \_\_\_\_\_
- 4 What should I to do to get fitter? \_\_\_\_\_
- 5 He oughts to eat more protein. \_\_\_\_\_
- 6 You shouldn't to eat unhealthy food if you want to live to be 100. \_\_\_\_\_

- 4 Complete the web article with the phrases in the box.

ought to check    ought-to-know  
 ought to start    should drink    should be  
 should take    shouldn't carry  
 shouldn't spend

### Top tips for a road trip – by bike!

Planning a road trip by bike? Here's what you <sup>1</sup> ought to know – to stay fit and healthy!

Your bike <sup>2</sup> \_\_\_\_\_ light enough because if it's too heavy, cycling becomes difficult in hot weather. But you <sup>3</sup> \_\_\_\_\_ that it's big enough for you – a bike that's too small soon gets uncomfortable.

You <sup>4</sup> \_\_\_\_\_ too many things with you. Too many bags slow you down, so you <sup>5</sup> \_\_\_\_\_ two small bags, maximum. You <sup>6</sup> \_\_\_\_\_ lots of water, so take a one-litre water bottle.

You <sup>7</sup> \_\_\_\_\_ too much money on maps: paper maps are heavy. Download maps onto your smartphone before you leave home.

And finally, you <sup>8</sup> \_\_\_\_\_ early in the day – before it gets too hot!



- 5 Choose one of the topics in the box and write three pieces of advice. Use *should* / *ought to* and *shouldn't*.

eating more healthily  
 preparing for an exam  
 writing an essay

- 1 \_\_\_\_\_
- 2 \_\_\_\_\_
- 3 \_\_\_\_\_