

63. Step by step of waxing with soft wax.

|        |                          |                             |
|--------|--------------------------|-----------------------------|
| STEP 3 | <input type="checkbox"/> | Remove the strip            |
| STEP 5 | <input type="checkbox"/> | Finishing touches           |
| STEP 7 | <input type="checkbox"/> | Post-wax care               |
| STEP 4 | <input type="checkbox"/> | Test the wax temperature    |
| STEP 2 | <input type="checkbox"/> | Apply the wax               |
| STEP 6 | <input type="checkbox"/> | Prepare the client and area |
| STEP 1 | <input type="checkbox"/> | Apply the strip             |



64. What may make the skin too sensitive for facials and waxing?

- a. Diabetes.
- b. Oral steroids.
- c. Epilepsy.
- d. Pacemakers.

65. What type of product dissolves makeup, oil and dirt?

- a. Toners.
- b. Exfoliants.
- c. Cleansers.
- d. Serums.

66. Approximately how far should the facial steamer be when steaming the skin?

- a. 48 inches.
- b. 36 inches.
- c. 18 inches.
- d. 6 inches.

67. Tapotement is also called?

- a. Vibration.
- b. Percussion.
- c. Chucking.
- d. Dr. Jacket Movement.



68. Treatment by means of light rays is called light \_\_\_\_\_ .

- a. Therapy
- b. Density
- c. Treatment
- d. Sensitivity

69. Which of these conditions is contagious?

- a. Bacterial conjunctivitis.
- b. Impetigo.
- c. Tinea Corporis.
- d. All answers.

70. Step by step paraffin wax.



- Remove paraffin wax then apply toner, moisturizer
- Test the temperature 125°F (51.7°C)
- Cut the gauze and place it over the face and neck
- Apply paraffin over the gauze with a brush
- Apply product serum or hydrating mask
- Drap and clean, place eye pads on client



71. When should you skip using a facial steamer?

- a. When the client has mature skin.
- b. When the client has acne prone skin.
- c. When the client has sensitive or rosacea prone skin.
- d. When the client has oily skin.

72. Which of the following is NOT part of the steps of performing a basic facial?

- a. Cleansing.
- b. Microcurrent.
- c. Moisturizing.
- d. Extractions.

73. Why is a thermal mask beneficial for mature skin?

- a. Soften skin, force feeds nutrients.
- b. Is relaxing to the client.
- c. Forces the skin into a more youthful position.
- d. Erases fine lines.

74. Contraindications for facial massage include:

- a. Uncontrolled diabetes.
- b. Inflamed acne.
- c. Sunburn.
- d. All answers.



75. Which types of products are used for desincrustation?

- a. Slightly acidic.
- b. Very acidic.
- c. Alkaline.
- d. Neutral.

76. What does galvanic current do for the skin?

- a. Moisturizes.
- b. Hydrates.
- c. Balances sebum production.
- d. Aids in the penetration of products.

77. Arrange the steps of waxing with hard wax.

|               |                      |                                   |
|---------------|----------------------|-----------------------------------|
| <b>STEP 1</b> | <input type="text"/> | Test the Temperature              |
| <b>STEP 6</b> | <input type="text"/> | Apply wax against the hair growth |
| <b>STEP 2</b> | <input type="text"/> | Cleanse the area                  |
| <b>STEP 3</b> | <input type="text"/> | Hold the skin tight, remove wax   |
| <b>STEP 5</b> | <input type="text"/> | Apply antiseptic                  |
| <b>STEP 4</b> | <input type="text"/> | Dry thoroughly                    |



78. Which of these technologies is non-thermal?

- a. IPL.
- b. Laser.
- c. LED.
- d. All Technologies produce heat.

79. What is the psychological effect of green light therapy?

- a. Stimulating.
- b. Energizing.
- c. Calming.
- d. Distracting.

80. Step by step facial procedures:



- |                      |  |                      |  |
|----------------------|--|----------------------|--|
| <input type="text"/> | Extraction                                 | <input type="text"/> | Exfoliation                              |
| <input type="text"/> | Steam the face                             | <input type="text"/> | Cleanse your hands and apply warm towels |
| <input type="text"/> | Facial Massage                             | <input type="text"/> | Apply the Toner                          |
| <input type="text"/> | Apply the cleanser then remove the cleaner | <input type="text"/> | Apply Moisturizer and Sunscreen          |
| <input type="text"/> | Apply the Mask                             | <input type="text"/> | Analyze the skin                         |



81. What color LED is used to reduce Hyperpigmentation?

- a. Blue.
- b. Green.
- c. Red.
- d. Yellow.

82. Where do Steatomas usually appear?

- a. Shoulders, back and chest.
- b. Scalp, neck and back.
- c. Face, neck and chest.
- d. Arms, legs and torso.

83. What type of mask is recommended for acne?

- a. Collagen.
- b. Sulfur.
- c. Thermal.
- d. Paraffin.

84. What condition is characterized by redness and distended capillaries caused by a weakening of the capillary walls?

- a. Dehydration.
- b. Erythema.
- c. Milia.
- d. Telangiectasia.



85. How must ingredients be listed on cosmetic labels?

- a. Reverse alphabetical order.
- b. Alphabetical order.
- c. Descending order of predominance.
- d. Ascending order of predominance.