



Indicators of learning:

1. identifies details and main ideas in conversations, podcasts and audio recordings about the brain, learning and neuroplasticity.
2. uses should and shouldn't appropriately in written context to give advice about brain health and daily habits.

Learning Evidence: Unit 2 "Can we change our brains?"

Student name: _____ 8- _____

I Part. Listening (13pts)

- A. Instructions:** Listen to a talk about *"How Babies' Brains Develop"*. Choose the correct answers for each statement based on the information provided. (1 point each correct answer)

1. **What is the main purpose of the talk?**
 - a) To explain how babies learn to speak.
 - b) To explain how babies' brains develop and change.
 - c) To compare children's and adults' personalities.
2. **Why are the first years of life important?**
 - a) Because babies learn to swim.
 - b) Because the brain and personality begin to develop.
 - c) Because babies learn all their reflexes.
3. **What happens as babies grow?**
 - a) Their brain cells begin to make connections.
 - b) Their brains stop changing.
 - c) They use fewer brain cells.
4. **What is true about babies' reflexes?**
 - a) They are learned at school.
 - b) They help babies survive during the first months of life.
 - c) They stay the same throughout life.
5. **What does the speaker say about the human brain?**
 - a) It finishes developing during childhood.
 - b) It changes only during the first year of life.
 - c) It continues developing for many years.

- B. Instructions:** Listen to a talk about *"How Babies' Brains Develop"* again. Complete the blanks with the missing words based on the information provided. Use the words from the bank once only. (1 point each correct answer)

Word Bank

hand • connect • milk • weaker • reflexes • six • personality • stronger

1. Babies' brain cells begin to _____.
2. The brainstem controls our _____.
3. The grasping reflex happens when someone touches a baby's _____.
4. The rooting reflex helps babies find _____.
5. The diving reflex disappears at about _____ months.
6. Brain connections become _____ when they are used again and again.
7. Connections that are not used become _____.
8. Every person develops a unique brain and _____.

II Part. Grammar (8pts)

- A. Instructions:** Complete the sentences with **SHOULD** or **SHOULDN'T** correctly based on the given context. (1 point each correct answer)

1. People _____ eat a lot of sugar.
2. I shouldn't _____ at my desk for a long time.
3. People _____ do puzzles to keep their brains active.
4. When people get older, they _____ exercise regularly.
5. You should _____ fruits and vegetables for brain health.
6. Children _____ play football because it can hurt their brains.
7. I _____ use my computer before bed because it keeps me awake.
8. If you want to think clearly in the morning, you _____ to bed early.